

# Abu Dhabi

COPPER KNOB  
STEP SHEETS

拍數: 80      牆數: 1      級數: Advanced  
編舞者: Daniel Trepát (NL) & Rebecca Lee (MY) - April 2019  
音樂: Abu Dhabi - Mikolas Josef



**Intro: 16 counts from first beat in music (Start app. 9 sec. into track)**

## [1 – 8] Slide, Hitch, Cross Samba, Cross Shuffle, Syncopated Side Touches

1 – 2      Step a big step R back (1), Step L next to R & Hitch R (2) 12:00  
3&4      Cross R over L (3), Step on ball of L to L side (&), Recover weight on R (4) 12:00  
5&6      Cross L over R (5), Step R to R side (&), Cross L over R (6) 12:00  
7&8      Touch R to R side (7), Step R next to L (&), Touch L to L side (8), Step L next to R (&) 12:00

## [9 – 16] Rock step, Weave L, ¾ turn Gliding Box

1 – 2      Rock R to R side (1), Recover on L (2) 12:00  
3&4      Cross R behind L (3), Step L to L side (&), Cross R over L (4) 12:00  
5&6&7&8      Step L to L side (5), Collect R towards L (&), ¼ turn R stepping R to R side (6), Collect L towards R (&), ¼ turn R stepping L to L side (7), Collect R towards L (&), ¼ turn R stepping R to R side (8) 9:00

## [17 – 24] Heel swivels, Chasse R, Coasterstep, Step fwd, ¼ turn R

&1&2      Turn L heel in (&), Turn L heel back to neutral & transfer weight on L (1), Turn R heel in (&), Turn R heel back to neutral & transfer weight on R (2) 9:00  
&3&4      Turn L heel in (&), Turn L heel back to neutral & transfer weight on L (3), Step R next to L (&), Step L to L side (4) 9:00  
5&6      Step R back (5), Step L next to R (&), Step R forward (6) 9:00  
7 – 8      Step L forward (7), ¼ turn R recovering weight on R (8) 12:00

## [25 – 32] Cross, Side, Heel, Close, Cross, Side, Heel, Close, Kick, Out Out, Toes in, heel In, Roll Up

1&2&      Cross L over R (1), Step R to R side (&), L heel in L diagonal (2), Close L next to R (&) 12:00  
3&4&      Cross R over L (3), Step L to L side (&), R heel in R diagonal (4), Close R next to L (&) 12:00  
5&6&7 - 8      Kick L fwd (5), Step L out (&), Step R out (6), Turn both toes in (&), Turn heels in start rolling up from the knees (7), Finish the roll up (8) 12:00

## [33 – 40] Close, Side, Cross, Kick & Touch Behind 2x, Side & Sit with Snaps

&1 – 2      Step L next to R (&), Step R to R side (1), Cross L over R (2) 12:00  
3&4      Kick R in R diagonal (3), Step R to R side (&), Touch L behind R (4) 12:00  
5&6      Kick L in L diagonal (5), Step L to L side (&), Touch R behind L (6) 12:00  
7 – 8      Step R to R side & Snap right fingers high (7), Sit in R hip & snap right fingers low (8) 12:00

## [41 – 48] Close, Cross, ¼ turn L, Step fwd, ¼ turn L, Kick & Touch Behind 2x, Side & Sit with Snaps

&1 – 2      Step L next to R (&), Cross R over L (1), ¼ turn L stepping L forward (2) 9:00  
3&4      ¼ turn L kicking R in R diagonal (3), Step R to R side (&), Touch L behind R (4) 6:00  
5&6      Kick L in L diagonal (5), Step L to L side (&), Touch R behind L (6) 6:00  
7 – 8      Step R to R side & Snap right fingers high (7), Sit in R hip & snap right fingers low (8) 6:00

## [49 – 56] 1/8 turn L Walking L R, Shuffle L fwd, Step R fwd, 5/8 turn R, Sweep, Weave L

1 – 2      1/8 turn L stepping L forward (1), Step R forward (2) 4:30  
3&4      Step L forward (3), Step R next to L (&), Step L forward (4) 4:30  
5 – 6      Step R forward (5), 5/8 turn R stepping L back & sweeping R back (6) 12:00  
7&8      Cross R behind L (7), Step L to L side (&), Cross R over L (8) 12:00

**[57 – 64] Monterey Turn, Scissor Step, Side, ½ turn R, Step fwd, Slide, Close (Handmovement)**

- 1 – 2 Touch L to L side (1), ½ turn L stepping L next to R (2) 6:00  
3&4 Step R to R side (3), Step L next to R (&), Cross R over L (4) 6:00  
5 – 6 Step L to L side (5), ½ turn R stepping R forward (6) 12:00  
7 – 8 Big Step L forward (7), Touch R next to L & palms towards each other (like praying) (8)

**[65 – 72] Bollywood Movements with Arms**

- 1&2 Step R out and tap R heel (1), Tap R heel again (&), Tap R heel again (2) (hands are still in previous arm position) 12:00  
3&4 R toe in (3), R heel in (&), R toe in (4) (hands are still in previous arm position) 12:00  
5 – 8 Touch R in R diagonal (5), Touch R forward, (6), Touch R in L diagonal (7), Step R next to L (8)

**(at count 5 open arms to the side, elbows and palms facing up) 12:00**

**[73 – 80] Bollywood Movements with Arms**

- 1&2 Step R out & tap R heel (1), Tap R heel (&), Tap R heel (2) (hands are still in previous arm position) 12:00  
3&4 R toe in (3), R heel in (&), R toe in (4) (hands are still in previous arm position) 12:00  
5 – 8 Touch R in R diagonal (5), Touch R forward, (6), Touch R in L diagonal (7), Step R next to L (8)

**(at count 5 open arms to the side, elbows and palms facing up) 12:00**

**Extra: After wall 3 repeat count 65 till count 80 The Bollywood part!**

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