The Farmer

拍數: 64

級數: Intermediate

編舞者: Laurent Chalon (BEL) - April 2019

音樂: The Farmer - Robert Mizzell

Intro : 32 counts	
Section 1: Stomp up, Kick Fwd, Stomp up, Side Kick, Behind, side, Cross, Scuff	
1	RF, Stomp up next to LF (12.00)
2	RF, Kick Forward
3	RF, Stomp up next to LF
4	RF, Side Kick right
5	RF, Cross behind LF
6	LF, Side step to the left
7	RF, Cross over LF
8	LF, Scuff
Section 2: Side, Scuff, Side, Swivel Heel, Swivel Toe, Stomp up, Heel, Hook	
1	LF, Side step to the left
2	RF, Scuff next to LF
3	RF, Side step to the right
4	LF, Swivel heel to the right
5	LF, Swivel toe to the right
6	LF, Stomp up next to RF
7	LF, Hell forward
8	LF, Hook
Section 3: Step lock step fwd, Scuff, Rock Fwd, Step Back, Hold	
1	LF, Step forward
2	RF, Lock behind LF
3	LF, Step forward
4	RF, Scuff
5	RF, Rock forward
6	LF, Recover
7	RF, Step Back
8	Hold
Section 4: Slow Coaster Step, Hold, Step Fwd, Hold, Pivot 1/2 turn L, Hold	
1	LF, Step back
2	RF, Next to LF
3	LF, Step forward
4	Hold
5	RF, Step Forward
6	Hold
7	RF+LF, Pivot 1/2 turn to the left (06.00)
8	Hold*
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Section 5: Step Lock Step Diag. Fwd, Scuff, Vine L, Stomp up	
1	RF, Step Right Diagonally forward
2	LF, Lock Behind RF
3	RF, Step Right Diagonally forward





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- 4 LF, Scuff
- 5 LF, Side Step to the left
- 6 RF, Cross behind RF
- 7 LF, Side Step to the left
- 8 RF, Stomp up next to RF

Section 6: Monterey 3/4 turn R, Kick, Stomp, Swivet

- 1 RF, Side Point to the Right
- 2 RF, next to LF with 3/4 turn to the right (03.00)
- 3 LF, Side Point to the left
- 4 LF, Next to RF
- 5 RF, Kick
- 6 RF, Stomp next to LF
- 7 RF+LF, Swivet right
- 8 RF+LF, Recover

Section 7: Scuff, Step Fwd, Tap Toe Back (x2), Step Back, Heel, Step fwd, Tap Toe Back

- 1 RF, Scuff
- 2 RF, Step forward
- 3 LF, Tap Toe behind RF
- 4 LF, Tap Toe behind RF
- 5 LF, Step Back
- 6 RF, Heel Forward
- 7 RF, Step Forward
- 8 LF, Tap Toe behind RF

Section 8: Slow Coaster step, Hold, Step Fwd, Hold, Step Pivot 1/2 turn L, Hold

- 1 LF, Step back
- 2 RF, Next to RF
- 3 LF, Step forward
- 4 Hold
- 5 RF, Step forward
- 6 Hold
- 7 RF+LF, Pivot 1/2 turn to the left (09.00)
- 8 Hold

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