

The Farmer

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Laurent Chalon (BEL) - April 2019
音樂: The Farmer - Robert Mizzell



Intro : 32 counts

Section 1: Stomp up, Kick Fwd, Stomp up, Side Kick, Behind, side, Cross, Scuff

- 1 RF, Stomp up next to LF (12.00)
- 2 RF, Kick Forward
- 3 RF, Stomp up next to LF
- 4 RF, Side Kick right
- 5 RF, Cross behind LF
- 6 LF, Side step to the left
- 7 RF, Cross over LF
- 8 LF, Scuff

Section 2: Side, Scuff, Side, Swivel Heel, Swivel Toe, Stomp up, Heel, Hook

- 1 LF, Side step to the left
- 2 RF, Scuff next to LF
- 3 RF, Side step to the right
- 4 LF, Swivel heel to the right
- 5 LF, Swivel toe to the right
- 6 LF, Stomp up next to RF
- 7 LF, Heel forward
- 8 LF, Hook

Section 3: Step lock step fwd, Scuff, Rock Fwd, Step Back, Hold

- 1 LF, Step forward
- 2 RF, Lock behind LF
- 3 LF, Step forward
- 4 RF, Scuff
- 5 RF, Rock forward
- 6 LF, Recover
- 7 RF, Step Back
- 8 Hold

Section 4: Slow Coaster Step, Hold, Step Fwd, Hold, Pivot 1/2 turn L, Hold

- 1 LF, Step back
- 2 RF, Next to LF
- 3 LF, Step forward
- 4 Hold
- 5 RF, Step Forward
- 6 Hold
- 7 RF+LF, Pivot 1/2 turn to the left (06.00)
- 8 Hold*

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Section 5: Step Lock Step Diag. Fwd, Scuff, Vine L, Stomp up

- 1 RF, Step Right Diagonally forward
- 2 LF, Lock Behind RF
- 3 RF, Step Right Diagonally forward

- 4 LF, Scuff
- 5 LF, Side Step to the left
- 6 RF, Cross behind RF
- 7 LF, Side Step to the left
- 8 RF, Stomp up next to RF

Section 6: Monterey 3/4 turn R, Kick, Stomp, Swivet

- 1 RF, Side Point to the Right
- 2 RF, next to LF with 3/4 turn to the right (03.00)
- 3 LF, Side Point to the left
- 4 LF, Next to RF
- 5 RF, Kick
- 6 RF, Stomp next to LF
- 7 RF+LF, Swivet right
- 8 RF+LF, Recover

Section 7: Scuff, Step Fwd, Tap Toe Back (x2), Step Back, Heel, Step fwd, Tap Toe Back

- 1 RF, Scuff
- 2 RF, Step forward
- 3 LF, Tap Toe behind RF
- 4 LF, Tap Toe behind RF
- 5 LF, Step Back
- 6 RF, Heel Forward
- 7 RF, Step Forward
- 8 LF, Tap Toe behind RF

Section 8: Slow Coaster step, Hold, Step Fwd, Hold, Step Pivot 1/2 turn L, Hold

- 1 LF, Step back
- 2 RF, Next to RF
- 3 LF, Step forward
- 4 Hold
- 5 RF, Step forward
- 6 Hold
- 7 RF+LF, Pivot 1/2 turn to the left (09.00)
- 8 Hold

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