

DON'T Call Me UP (Nah nah-nah Nah)

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 2 級數: High Improver
編舞者: Val Saari (CAN) - April 2019
音樂: Don't Call Me Up - Mabel : (Album: Ivy to Roses - Mixtape)



Begin on "you" (I'm over) 0:20

SIDE-STEP KICK-BALL CHANGE, HEEL FAN TOUCHES X 2 (R,L)

1&2 (Taking a large step R) Kick RF forward, Step on RF, Step LF together
3&4 LF heel fan touches LRL (weight on LF toes)
5&6 (Taking a large step L) Kick LF forward, Step on LF, Step RF together
7&8 RF heel fan touches RLR (weight on RF toes)

WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward R,L
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back L,R
7&8 Rock back on LF, Recover RF, Step LF beside R

RF CROSS/RECOVER WEAVE, ROCK/RECOVER CROSS/HEEL-STRUT, SIDE TOE-STRUTS VINE LEFT, LF SCISSOR STEP

1&2& Cross RF over L, LF Recover, Step RF right, Step LF over R
3&4& Rock RF right, Recover LF, Cross RF heel over L, Step RF toes down
5&6& Touch LF toes to left side, Step LF heel down, Touch RF toes behind LF, Step RF heel down
7&8 Rock LF left, Recover RF, Cross LF over R

STEP-PIVOT 1/4 LEFT TWICE, OUT OUT IN IN

1-2 Step RF forward, Pivot 1/4 turn left (weight on left)
3-4 Step RF forward, Pivot 1/4 turn left (weight on left)
5-6 Step RF right, Step LF left
7-8 Step RF left, Step LF together (weight on LF)

REPEAT - No Tags, No Restarts

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