

# DON'T Call Me UP (Nah nah-nah Nah)

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: High Improver  
編舞者: Val Saari (CAN) - April 2019  
音樂: Don't Call Me Up - Mabel : (Album: Ivy to Roses - Mixtape)



Begin on "you" (I'm over) 0:20

## **SIDE-STEP KICK-BALL CHANGE, HEEL FAN TOUCHES X 2 (R,L)**

1&2            (Taking a large step R) Kick RF forward, Step on RF, Step LF together  
3&4            LF heel fan touches LRL (weight on LF toes)  
5&6            (Taking a large step L) Kick LF forward, Step on LF, Step RF together  
7&8            RF heel fan touches RLR (weight on RF toes)

## **WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK**

1-2            Walk forward R,L  
3&4            Rock forward on RF, Recover LF, Step back on RF  
5-6            Walk back L,R  
7&8            Rock back on LF, Recover RF, Step LF beside R

## **RF CROSS/RECOVER WEAVE, ROCK/RECOVER CROSS/HEEL-STRUT, SIDE TOE-STRUTS VINE LEFT, LF SCISSOR STEP**

1&2&            Cross RF over L, LF Recover, Step RF right, Step LF over R  
3&4&            Rock RF right, Recover LF, Cross RF heel over L, Step RF toes down  
5&6&            Touch LF toes to left side, Step LF heel down, Touch RF toes behind LF, Step RF heel down  
7&8            Rock LF left, Recover RF, Cross LF over R

## **STEP-PIVOT 1/4 LEFT TWICE, OUT OUT IN IN**

1-2            Step RF forward, Pivot 1/4 turn left (weight on left)  
3-4            Step RF forward, Pivot 1/4 turn left (weight on left)  
5-6            Step RF right, Step LF left  
7-8            Step RF left, Step LF together (weight on LF)

**REPEAT - No Tags, No Restarts**

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