

# Adventure Of A Lifetime

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Amy Christian (USA) - April 2019  
音樂: Adventure of a Lifetime - Coldplay



Intro: 32 Counts.

## CROSS SHUFFLE, ¼ FWD SHUFFLE, ¼ CROSS SHUFFLE, ¼ FWD SHUFFLE,

1&2      Cross Shuffle R-L-R,  
3&4      ¼ left Fwd Shuffle L-R-L [9:00],  
5&6      ¼ right Cross Shuffle R-L-R [12:00],  
7&8      ¼ left Fwd shuffle L-R-L [9:00],

## ROCK FWD, RECOVER, R COASTER STEP, PIVOT ½, FWD SHUFFLE,

1-2      Rock fwd on R, Recover back on L,  
3&4      R Coaster Step,  
5-6      Step fwd on L, Pivot ½ turn right, stepping fwd on R [3:00],  
7&8      Shuffle fwd L,R,L,

## KICK, KICK, R COASTER STEP, KICK, ¼ KICK, L COASTER STEP,

1-2      Kick R across L, Kick R diagonally fwd,  
3&4      R Coaster Step,  
5-6      Kick L across R, Swivel on R foot as you Kick L fwd making a ¼ turn left [12:00],  
7&8      L Coaster Step,

\*(Restart happens here on wall 10)

## SHUFFLE FWD, ½ SHUFFLE BACK, OUT, OUT, ACROSS, SIDE,

1&2      Shuffle fwd R-L-R,  
3&4      ½ Shuffle back, turning right [6:00],  
5-8      Step R out to right side, Step L out to L side, Step R across L, Step L to left side,

Start again!

RESTART – Happens on Wall 10. Dance 24 counts and start over!

Email: [amyc@linefusiondance.com](mailto:amyc@linefusiondance.com) Website: [www.linefusiondance.com](http://www.linefusiondance.com)

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