

Friend of Mine

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Sophie Ruhling (FR) - April 2019
音樂: Friend of Mine (feat. Charles Esten, Clare Bowen, Lennon & Maisy, Chris Carmack, Aubrey Peeples, Will Chase & Jonathan Jackson) (Live) - Nashville Cast



#16 count intro – CW - NO TAG - NO RESTART

SECT.1 : MODIFIED RUMBA BOX: STEP R TO R SIDE, STEP L BESIDE R, TRIPLE STEP R FWD, STEP L TO L SIDE, STEP R BESIDE L, TRIPLE STEP L BACK

1-2 step R to R side, step L beside R
3&4 walk R, walk L beside R, walk R
5-6 step L to L side, step R beside L
7&8 back L, back R beside L, back L

SECT.2 : ROCKING CHAIR R (ROCK STEP R BACK & R FWD), TRIPLE STEP R WITH 1/2 TURN R, WALK L, WALK R (option: travelling pivots fwd)

1-2 rock step R back, recover on L
3-4 rock step R fwd, recover on L
5&6 1/4 turn R step R to R side, step L beside R, 1/4 turn R walk R (6.00)
7-8 walk L, walk R (option: 1/2 turn R back L, 1/2 turn R walk R)

SECT.3 : CROSS ROCK STEP L OVER R, TRIPLE STEP L TO L SIDE, CROSS ROCK STEP R OVER L, TRIPLE STEP R TO R SIDE

1-2 rock step L over R, recover on R
3&4 step L to L side, step R beside L, step L to L side
5-6 rock step R over L, recover on L
7&8 step R to R side, step L beside R, step R to R side

SECT.4 : CROSS ROCK STEP L OVER R, TRIPLE STEP L TO L SIDE WITH 1/4 TURN L, KICK BALL STEP R, WALK R, WALK L

1-2 rock step L over R, recover on R
3&4 step L to L side, step R beside L, 1/4 turn L walk L (3.00)
5&6 kick R fwd, step R ball in place, walk L
7-8 walk R, walk L

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