

# Burn It Down

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Jenna Koch (DE), Emma Ruhnu (DE) & Jenny Jahr (DE) - March 2019  
音樂: Burn the House Down - AJR : (Album: Burn the House Down - AJR)



Intro – Dance starts on the word “cool”

**(1-8) R rock step with body-roll, walk back R L, heel twists, step R to R, knee bounce, ball cross, shoulder shrugs, snap R**

- 1-2      Rock R fwd with a body roll from front to back (1), recover on L (2)  
&3      Step back on R (&), step back on L (3)  
&4&      Twist both heels R turning 1/4 L onto L (&) (facing 9:00), twist both heels back to center (4) (facing 12:00), step R to R (&)  
5&6      Lift both heels off floor as you pop knees fwd (5), drop heels to place (&) (weight on L), step R next to L (6)  
&7&8      Cross L over R (&), shrug R shoulder up/L shoulder down (7), shrug L shoulder up/R shoulder down(&) snap with R hand to the R (8)

**(9–16) R side rock, side rock L, L 1/2 turn sailor step, camel walks R L,**

- 1-2&      Rock R to R (1), recover on L (2), step R next to L (&)  
3-4      Rock L to L (3), Recover on R (4)  
5&6      Cross L behind R (5), 1/4 turn L stepping R to R (&), 1/4 turn L stepping fwd on L(6)  
7-8      Step R fwd as you pop L knee fwd (7), step L fwd as you pop R knee fwd (8)

**(17-24) R press rock step fwd, sweep, pony step back, L step 1/4, R step 1/4, 1/4 turn traveling swivels**

- 1-2      R press rock step fwd while bending your R knee (1), recover on L sweeping R from front to back (2)  
3&4      Step R a small step back (3), step L next to R (&), step R a small step back (4)  
5-6      1/4 turn L stepping L to L (facing 3:00) (5), 1/4 turn L stepping R to R (facing 12:00) (6)  
7&8      1/4 turn L (facing 9:00) as you swiveling R heel to L and L toe to L (7), swivel R toe to L and L heel to L (&), swivel R heel to L and L toe to L (8) (weight on L)

**(25-32) R rock fwd, 1/2 Turn R, R rock fwd, coaster Step, L cross, R back, L back, R cross, L back, step 1/2 turn R, 1/2 turn R stepping L next to R**

- 1&2&      Rock R fwd (1), recover back on L (&), turn 1/2 R rocking fwd onto R (facing 3:00) (2), recover back on L (&)  
3&4      Step back on R (3), step L next to R (&), step forward on R (4)  
5&6&      Cross L over R (5), step back on R (&), step back on L (6), cross R over L (&)  
7&8      Step back on L (7), 1/2 turn R stepping fwd onto R (facing 9:00) (&), 1/2 turn R stepping L next to R (facing 3:00) (8)

**Tag (8 counts): in wall 4 after 16 counts (facing 3:00)**

**(1-8) R Press step with chest pop, body roll, step back R L, press step to R with knee turn in and out, hold, drag, touch**

- 1&2,3      Press step R fwd popping your chest fwd (1), pop your chest back (&), body roll from front to back (2,3)  
&4      Step back on R (&), step back on L (4)  
5&5      Press step R to R turning R knee in (5), turn R knee out (&), hold (6)  
7-8      Drag R to L (7), touch R next to L (8)