

Easy Moments in the Mountains

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Moments in the Mountains - Madison Olds : (iTunes Canada, Amazon)



No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

2X (STEP, CLAP), V-STEP TO A TOUCH

1-2 Step RF forward, Clap
3-4 Step LF forward, Clap
5-6 Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
7-8 Step RF back to centre, Touch LF beside R

LEFT LINDY 1/4 R, R ROCKING CHAIR (3:00)

1&2 Shuffle left stepping L, R, L
3-4 Turn ¼ right and rock back on RF recover, recover forward on LF
5-6 Rock RF forward, Recover to LF
7-8 Rock RF back, Recover to LF

SHUFFLE FORWARD, ROCK FORWARD/RECOVER, SHUFFLE BACK, ROCK BACK/ RECOVER

1&2 Shuffle forward stepping R, L, R
3-4 Rock forward on LF, recover back on RF
5&6 Shuffle back stepping L, R, L
7-8 Rock back on RF, recover forward on LF

JAZZY WEAVE

1-4 Cross RF over left, step back on LF, step side on RF, cross LF over RF
5-8 Step side on RF, cross LF behind RF, step side on RF, cross LF slightly in front of RF

Dance ends the 3rd time you are facing 9:00 at the end of 32 counts. As you are doing the final Weave, turn toward 12:00. Counts 5-8 become Side on RF, Cross LF behind, Turn ¼ R and step on RF, step LF in place.

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