

# Satisfied

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Amy Glass (USA) - January 2019  
音樂: Satisfied (feat. MAX) - Galantis : (iTunes)



## #4 Count Intro. Restart wall 4 after 48 counts

### [1-8] Walk x2, Side Rock, Cross, Back, ¼ R Side, Shuffle Fwd

1-2            Walk fwd R, L  
&3            Rock RF to R, Recover weight to LF  
4-5            Cross RF over LF, Step LF back  
6              Step RF to R while turning ¼ R (3:00)  
7&8          Shuffle Fwd LRL

### [9-16] Rock Fwd, Recover, ¼ R, ¼ R, Back w/Sweeps x2, Rock Back Recover Fwd

1-2            Rock RF fwd prepping body to L diagonal, Recover weight on LF while opening body ¼ R (6:00)  
3-4            Step RF fwd turning ¼ R, Step LF to L side while turning ¼ R (12:00)  
5-6            Step RF back while sweeping LF front to back, Step LF back while sweeping RF front to back  
7-8            Rock RF back, Recover fwd on LF

### [17-24] Hip Bump Fwd, Hip Bump with ½ L, Rock Fwd, Recover, Out Out, R Knee Pop

1&2            Bump R hip fwd, Recover weight on L, Replace weight fwd on RF  
3&4            Pivot ½ L (6:00) and bump L hip fwd, Recover weight back on R, Replace weight fwd on LF  
5-6            Rock RF fwd, Recover weight back on LF  
&7            Step RF out, Step LF out 8 Bend R knee popping it in toward the L knee

### [25-32] L Knee Pop, R Flick with ¼ L, Shuffle Fwd, Rock, Recover, L Coaster

1-2            Bend L knee popping it in toward R knee, Turn ¼ L while stepping fwd L and flicking RF back (3:00)  
3&4            Shuffle fwd RLR  
5-6            Rock LF fwd, Recover weight on RF  
7&8            Step back on LF, Close RF next to LF, Step LF fwd

### [33-40] Heel Grind R & L, R Jazz Box with ¼ R

1-2&          Press R heel into the floor, Fan toes from L to R, Close RF next to LF  
3-4&          Press L heel into the floor, Fan toes from R to L, Close LF next to RF  
5-8            Cross RF over LF, Step LF back with ¼ R, Step RF to R, Cross LF over RF (6:00)

### [41-48] Rock R Side, Recover, Behind Side Cross, Rock L Side, Recover, L Sailor ½ L

1-2            Rock RF to R side, Recover weight on LF  
3&4            Step RF behind LF, Step LF to L, Cross RF over LF  
5-6            Rock LF to L side, Recover weight on RF  
7&8            Step LF behind RF turning ¼ L, Step RF to R side turning ¼ L, Step LF fwd (12:00)

**\*\*Restart here wall 4 (Facing 6:00)\*\***

### [49-56] Switches R/L/R, Close, Step Fwd L, Rock Fwd, Recover ¼ L with Cross, Step Side

1&2            Point R toe to R, Close RF next to LF, Point L toe to L  
&3-4          Close LF next to RF, Point R toe to R, Close RF next to LF while gently popping L knee  
5              Step LF fwd  
6&7          Rock RF fwd, Recover ¼ L, Cross RF over LF (9:00)  
8              Step LF to L keeping body angled slightly to R diagonal

**[57-64] Prep L, Recover ¼ R, Rolling Full Turn R, Step Fwd, Knee Pops w/ ½ Turn R, Ball Step**

- 1-2 Rotate upper body ¼ L looking toward 6:00 and pointing RF to R, Recover weight ¼ R (12:00)
- 3-4 Turn ½ R stepping LF back , Turn ½ R stepping RF fwd (12:00)
- 5-7 Step LF fwd, Bounce both heels while turning ½ R
- &8 Step on the ball of the RF next to LF, Step LF fwd

Contact: [amyleeanne@gmail.com](mailto:amyleeanne@gmail.com)

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