

The Rain & Me

拍數: 32 牆數: 4 級數: Improver
編舞者: Silvia Schill (DE) - April 2019
音樂: When It Rains - Eli Young Band



The dance begins with the vocals

Side, Close, Shuffle Forward, Kick-Ball-Step, Rock Forward

- 1-2 Step to right with RF, LF beside RF
- 3&4 Step forward with RF, LF beside RF and step forward with RF
- 5&6 Kick LF forward, LF beside RF and step forward with RF
- 7-8 Step forward with LF, weight back on the RF

Shuffle Back Turning ¼ L, Shuffle Forward Turning ¼ L (Shuffle Back L + R), Coaster Step, Walk 2

- 1&2 ¼ Turn L and step with LF to the left, RF beside LF, ¼ Turn L and step forward with LF (6 o'clock)
- 3&4 ¼ Turn L and step with RF to the right - LF beside RF, ¼ Turn L and step back with RF (12 o'clock)
- 5&6 Step back with LF, RF beside LF and a small step forward with LF
- 7-8 2 steps walk forward (R - L)

Jazz Box Turning ¼ R with Cross, Side, Touch Behind (Snap), Side, ¼ Turn R/Touch Across (Snap)

- 1-2 RF cross over LF - ¼ turn R and step back with LF (3 o'clock)
- 3-4 Step with RF to the right, LF cross over RF
- 5-6 Step with RF to the right, touch left toe behind RF (snap to the side with both hands at chest height)
- 7-8 Step with LF to the left - ¼ turn R and touch right toe in front of LF (snap to the side with both hands at hip height)

Step, Lock, Locking Shuffle Forward, Step, Pivot ½ R, ¼ Turn R, Touch

- 1-2 Step forward with RF, cross LF behind RF
- 3 & 4 Step forward with RF, cross LF behind RF and step forward with RF
- 5-6 Step forward with LF, ½ turn R on both feet, weight at the end on the RF (12 o'clock)
- 7-8 ¼ turn R and step with LF to the left - touch RF next to LF (3 o'clock)

Repeat until the end

Tag (after the end of the 12th round - 12 o'clock) Hold 4/Slaps

- 1-4 Clap 4X with the flat hand on the thigh and bounce with the RF to the beat

And don't forget to smile, because dancing is fun!

There is no guarantee for errors in the translation, content, spelling, etc.!

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