

# Moments in the Mountains

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Karen Tripp (CAN) & Val Saari (CAN) - April 2019  
音樂: Moments in the Mountains - Madison Olds : (iTunes Canada, Amazon)



## No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

### JAZZ KICK-BALL-POINT, STEP, POINT OUT, IN, OUT

1-2            Cross RF over left, Step LF back  
3&4           Kick RF Forward, Step RF next to left, Point left toe to left side  
5-6           Step LF beside R, Point right toe to right side  
7-8           Touch right toe next to LF, Point right toe to right side

### JAZZ ¼ R KICK-BALL-POINT, STEP, SYNCOPATED POINTS (3:00)

1-2            Cross RF over left, turn 1/4 R and step LF back  
3&4           Kick RF Forward, Step RF next to left, Point Left Toe to Left Side  
5-6-7        Step LF beside R, Point right toe to right side, hold  
&8            Touch right toe next to LF (&), Point right to toe to right side (8)

### R CROSS SHUFFLE, 1/2 LEFT CROSS SHUFFLE, 4 SWAYS (9:00)

1&2           Cross RF over LF, Step on LF, Cross RF over LF  
3&4           Turn ½ left and cross LF over RF, step on RF, Cross LF over RF (9:00)  
5-8           Sway right, left, right, left

### CROSS R ROCK FWD/RECOVER, TRIPLE, L CROSS ROCK FWD/RECOVER, TRIPLE

1-2           Cross RF over left, recover weight to LF  
3&4           Step on RF, close LF next to RF, step on RF  
5-6           Cross LF over right, recover weight to RF  
7&8           Step on LF, close RF next to LF, step on LF

**ENDING:** The last wall (11) starts facing 6:00 (third time you come to 6:00). At the end of the routine you are facing 3:00.

To end facing 12:00, after the last Left Cross Rock/Recover (S4, counts 5-6), turn 1/4L and do a Triple stepping L, R, L.

Contact: Karen Tripp: karen@trippcentral.ca, Val Saari: valeriesaari@icloud.com