

# Catch Me I'm Falling

**COPPER** **KNOB**  
BY BEATE KELLER

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Beate Keller (DE) - April 2019  
音樂: Catch Me I'm Falling - Real Life



Start: on the vocals (or intro)

**S1: ROCKING CHAIR, FULL TRIPLE TURN L, HOLD.**

1 2 3 4      RF rock fwd(1), LF recover(2), RF rock back(3), LF recover(4)  
5 6 7 8      Triple turn left (R-L-R) (5-6-7) (12.00), hold(8)

**S2: DIAG. LOCK STEP, HOLD, DIAG. LOCK STEP, HOLD.**

1 2 3 4      LF step diag fwd(10.30)(1), RF lock behind(2), LF step diag fwd(3), hold(4),  
5 6 7 8      RF step diag fwd(5)(1.30), LF lock behind(6), RF step diag fwd(7), hold(8)

**S3: KICK DIAG, STEP, KICK FWD, STEP, STEP BACK (L-R-L), HOLD.**

1 2 3 4      LF kick diag fwd(1)(1.30), LF step side left(2), RF kick fwd(3)(12.00), RF step down(4),  
5 6 7 8      LF small steps back (5-6-7)(L-R-L), hold(8)

**S4: MAMBO R, HOLD, MAMBO L ¼ TURN L, HOLD.**

1 2 3 4      RF rock side right(1), LF recover(2), RF close together(3), hold(4)  
5 6 7 8      LF ¼ turn left and rock side left(5), RF recover(6), LF close together(7), hold(8) (9.00)

Start again :)

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