

Forever

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Tono Bandung (INA) - March 2019
音樂: Forever by Martin Nievera & Regine Velasquez



Start dance on vocal

[1 – 8] BASIC R, L, FWD SWEEP, CROSS, SIDE, BACK, HITCH, BACK, 1/8 TURN, SIDE

- 1 – 2& Step R to right side (1) close L slightly behind R (2) cross R over L (&)
- 3 – 4& Step L to left side (3) close R slightly behind L (4) cross L over right (&)
- 5 – 6& Step R fwd, sweeping L to front (5) cross L over right (6) step R to right side (&)
- 7& Step L back diagonal left, 10.30 (7) hitch R beside left (&)
- 8& step R back (8) turn 1/8 left, step L to left side (&)..... (9.00)

[9 – 16] FWD SPIRAL, RUN FWD, RUN BACK, SWEEP,WEAVE, SWEEP

- 1 Step R fwd, spiral turn L (1)
- 2 & 3 Step L fwd (2) step R fwd (&) step L fwd, check (3)
- 4 & 5 Step R back (4) step L back (&) step R back, sweeping L to back (5)
- 6&7& Cross L behind right (6) step R to right side (&) Cross L over right (7) step R to right side (&)
- 8& Cross L behind right (8) step R to right side (&)(9.00)

[17-24] CROSS, SWEEP, CROSS, TURN 1/4 , BACK, TURN 1/4 , BASIC R L TURN 1/4 , FWD, TURN 1/2 , FWD, TURN 1/2 , BACK

- 1 Cross L over right, sweeping R to front (1)
- 2 & 3 Cross R over left (2) turn 1/4 R, step L back (&) turn 1/4 R, step R to right side (3) (3.00)
- 4 & 5 Close L slightly behind R (4) cross R over left (&) Step L to left side (5)
- 6 & 7 Cross R behind left (6) turn 1/4 L, step L fwd (&) Step R fwd, turning 1/2 left (7)(6.00)
- 8& Step L fwd (8) turn 1/2 left, step back on R (&)(12.00)

***Restart here on wall 5**

[25-32] TURN 1/2 , FWD SWEEP, FWD SWEEP, FWD SWEEP, CROSS,SIDE,BEHIND SWEEP, BEHIND, SIDE, SWAY,SWAY,SWAY

- 1 Turn 1/2 L, step L fwd, sweeping R to front (6.00)
- 2 – 3 Step R fwd, sweeping L to front (2) Step L fwd, sweeping R to front (3)
- 4 & 5 Cross R over left (4) step L to left side (&) Cross R behind left, sweeping L to back (5)
- 6 & 7 Cross L behind right (6) step R to right side (&) sway L (7)
- 8& Sway R,L 06.00

START AGAIN

***RESTART ON WALL 5 AFTER 24 COUNT**

ENJOY THE DANCE!!!

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