

# Forever

拍數: 32                      牆數: 2                      級數: Intermediate  
編舞者: Tono Bandung (INA) - March 2019  
音樂: Forever by Martin Nievera & Regine Velasquez



Start dance on vocal

**[1 – 8] BASIC R, L, FWD SWEEP, CROSS, SIDE, BACK, HITCH, BACK, 1/8 TURN, SIDE**

- 1 – 2&            Step R to right side (1) close L slightly behind R (2) cross R over L (&)
- 3 – 4&            Step L to left side (3) close R slightly behind L (4) cross L over right (&)
- 5 – 6&            Step R fwd, sweeping L to front (5) cross L over right (6) step R to right side (&)
- 7&                Step L back diagonal left, 10.30 (7) hitch R beside left (&)
- 8&                step R back (8) turn 1/8 left, step L to left side (&)..... (9.00)

**[9 – 16] FWD SPIRAL, RUN FWD, RUN BACK, SWEEP,WEAVE, SWEEP**

- 1                 Step R fwd, spiral turn L (1)
- 2 & 3            Step L fwd (2) step R fwd (&) step L fwd, check (3)
- 4 & 5            Step R back (4) step L back (&) step R back, sweeping L to back (5)
- 6&7&            Cross L behind right (6) step R to right side (&) Cross L over right (7) step R to right side (&)
- 8&                Cross L behind right (8) step R to right side (&) .....(9.00)

**[17-24] CROSS, SWEEP, CROSS, TURN 1/4 , BACK, TURN 1/4 , BASIC R L TURN 1/4 , FWD, TURN 1/2 , FWD, TURN 1/2 , BACK**

- 1                 Cross L over right, sweeping R to front (1)
- 2 & 3            Cross R over left (2) turn 1/4 R, step L back (&) turn 1/4 R, step R to right side (3) .... (3.00)
- 4 & 5            Close L slightly behind R (4) cross R over left (&) Step L to left side (5)
- 6 & 7            Cross R behind left (6) turn 1/4 L, step L fwd (&) Step R fwd, turning 1/2 left (7) .....(6.00)
- 8&                Step L fwd (8) turn 1/2 left, step back on R (&) .....(12.00)

**\*Restart here on wall 5**

**[25-32] TURN 1/2 , FWD SWEEP, FWD SWEEP, FWD SWEEP, CROSS,SIDE,BEHIND SWEEP, BEHIND, SIDE, SWAY,SWAY,SWAY**

- 1                 Turn 1/2 L, step L fwd, sweeping R to front ..... (6.00)
- 2 – 3            Step R fwd, sweeping L to front (2) Step L fwd, sweeping R to front (3)
- 4 & 5            Cross R over left (4) step L to left side (&) Cross R behind left, sweeping L to back (5)
- 6 & 7            Cross L behind right (6) step R to right side (&) sway L (7)
- 8&                Sway R,L 06.00

**START AGAIN**

**\*RESTART ON WALL 5 AFTER 24 COUNT**

**ENJOY THE DANCE!!!**

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