

# Road to Run

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Evan VanScoyk (USA) & Bryan Bliss (USA) - April 2019  
音樂: Caught Up In The Country (Sam Feldt Remix) - Rodney Atkins & Sam Feldt  
或: What a Man Gotta Do - Jonas Brothers



## Note:

Use Sam Feldt Remix for No Restarts, Album Version has 2 Restarts

Dance begins on lyrics after 16 counts

### Right Fwd Shuffle (RLR), Left Fwd Shuffle (LRL), ½ Pivot Turn Left (ccw), Full Turn Left (ccw)

1&2                      Step R fwd (1), Step L behind R (&), Step R fwd (2)  
3&4                      Step L fwd (3), Step R behind L (&), Step L fwd (4)  
5&6                      Step R fwd (5), Turn ½ on L (&), Step R fwd (6)  
7 8                      Turn ½ counterclockwise left with weight on R (7), Turn ½ counterclockwise left with weight on L (8)

### Right Fwd Shuffle (RLR), Left Fwd Shuffle (LRL), Rock Recover, ½ Turn CW, Step R&L

1&2                      Step R fwd (1), Step L behind R (&), Step R fwd (2)  
3&4                      Step L fwd (3), Step R behind L (&), Step L fwd (4)  
5 6                      Rock R fwd (5), Step L in place (6)  
7&8                      Turn ½ clockwise over R shoulder (7), Step R fwd (&), Step L fwd (8)

**\*\*2nd Restart here on 8th rotation if using Album Version**

### Touch R Forward, Side, Sailor, Touch L Forward, Side, Unwind, Together

1 2                      Touch R fwd (1), Touch R side right (2)  
3&4                      Step R behind (3), Step L out left (&), Step R fwd (4)  
5 6                      Touch L fwd (5), Touch L side left (6)  
7&8                      Step L behind while turning ½ (7), Step R together (8)

**\*1st Restart here on 4th Rotation if using Album version**

### Hop R Fwd, Hop L Together, Hop R Back, Hop L Together, Paddle Turn Left (¾ ccw)

1 2                      Hop step R Fwd (1), Hop step L Together (2)  
3 4                      Hop step R Back (3), Hop step L Together (4)  
5&6&                      Touch R out right while turning left (5), Place weight on L (&), Touch R out right while turning left (6), Place weight on L (&)  
7&8&                      Touch R out right while turning left (7), Place weight on L (&), Touch R out right while turning left (8), Place weight on L (&)

Begin Again

Last Update – 6 Feb 2024