

Simply Flying With The Birds

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 2
編舞者: Susie G (UK) - February 2019
音樂: Fly Like a Bird - Boz Scaggs

級數: Absolute Beginner



#32 count intro, start on vocal
Count throughout is 1 2 3 Hold

[1-8] ROCK R, RECOVER, CROSS. ROCK L, RECOVER, CROSS

1-4 Rock to the R on R, recover, cross R over L, HOLD

5-8 Rock to the L on L, recover, cross L over R, HOLD

[9-16] GRAPEVINE ¼ TURN RIGHT. ROCK FWD, RECOVER, CLOSE

1-4 Step to the R on R, cross L behind R, step to the R on R with ¼ turn R, HOLD (3 o'clock)

5-8 Rock fwd on L, recover, close beside R, HOLD

[17-24] ROCK R, RECOVER, CLOSE. BEHIND, SIDE WITH ¼ TURN RIGHT, CLOSE

1-4 Rock to the R on R, recover, close R beside L, HOLD

5-8 Cross L behind R, step to the R on R with ¼ turn R, close L beside R, HOLD (6 o'clock)

[25-32] MODIFIED ROCKING CHAIR

1-4 Rock fwd on R, recover, touch R beside L, HOLD

5-8 Rock back on R, recover, touch R beside L, HOLD

