

One Like Mine (P)

COPPER KNOB
BY STEPHEN METZ

拍數: 64 牆數: 0 級數: Intermediate Partner / Circle
編舞者: Michael Schmidt (DE) - October 2018
音樂: One Like Mine - Josh Turner : (3:16)



Alternative: Gentle On My Mind – Glen Campbell [109 bpm] (02:55)

Info: (Mainsong: 32 counts intro / 19 sec) Start on Lyrics. Start in Sweetheart Position. Both facing LOD. Same steps unless otherwise stated.

[1-8] ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L (2x), STEP, 1/4 TURN L

1-2 Step Right back, Recover Weight onto Left
3&4 ¼ Turn Left stepping Right side, Step Left together, ¼ Turn Left stepping Right back (RLOD)
5&6 ¼ Turn Left stepping Left side, Step Right together, ¼ Turn Left stepping Left forward (LOD)
7-8 Step Right forward, ¼ Turn Left (Weight on Left) (ILOD)

***3 release left Hands & raise Arms over Ladys Head; *4 release Right, rejoin Left raising over Ladys Head; *6 release left Hands, rejoin Right raising over Ladys Head; *8 rejoin left Hands on back hip**

[9-16] CROSS, SIDE, BEHIND-SIDE-CROSS, SIDE ROCK, RECOVER 1/4 TURN R, SHUFFLE

1-2 Cross Right over Left, Step Left side
3&4 Cross Right behind Left, Step Left side, Cross Right over Left
5-6 Step Left side, ¼ Turn right Recover onto Right (LOD)
7&8 Step Left forward, Step Right together, Step Left forward

***5 don't release Hands; right Hands in front of Lady & Left on Mans back hip**

[17-24] WALK (2x), SHUFFLE (L: 1/2 TURN R, SHUFFLE BACK), SIDE, STEP, START 1/2 PINWHEEL TURN R

1-2 M: Walk (R+L)
 L: Step Right forward on ¼ Turn right, ¼ Turn right stepping Left back (RLOD)
3&4 M: Step Right forward, Step left together, Step Right forward
 L: Step Right back, Step Left together, Step Right back
5-6 (small) Step Left side, Step Right (slightly diagonally) forward
7&8 (Start ½ Pinwheel Turn with a ¼ Turn R) Step Left forward, Step Right together, Step Left forward

***1 release Left; raise Arms over Ladys Head into Palm-To-Palm (right Palm to right Palm)**

[25-32] WALK (2x) END PINWHEEL TURN R, STEP, 1/2 TURN L, SHUFFLE 1/2 TURN L, ROCK BACK-RECOVER-STEP

1-2 (End ½ Pinwheel Turn with a ¼ Turn R) Walk (R+L) (RLOD - L: LOD)
3-4 Step Right forward, ½ Turn Left (Weight on Left) (LOD - L: RLOD)
5&6 ¼ Turn left stepping Right side, Step left together, ¼ Turn left stepping Right back (RLOD - L: LOD)
7&8 Step Left back, Recover Weight onto Right, Step Left forward

***3 release Hands, *6 rejoin Hands into R Palm-To-Palm**

[33-40] 1/2 TURN R CHANGE SIDE BEHIND LADY (L: FULL TURN L DIAGONAL OUTSIDE), SHUFFLE (2x)

1-2 M: ¼ Turn Right stepping forward (R+L) (ILOD)
 L: (Start Full Turn - diagonal in front of Man) ¼ Turn left stepping Right side, ¼ Turn left stepping Left back (RLOD)
3&4 M: ¼ Turn Right stepping Right forward, Step Left together, Step Right forward (LOD)
 L: (End Full Turn) ¼ Turn left stepping Right forward, Step Left together, ¼ Turn left stepping Right forward (LOD)

5&6 Step Left forward, Step Right together, Step Left forward
7&8 Step Right forward, Step Left together, Step Right forward

***1 raise right Arms over Ladys Head; *5 return into Sweetheart**

[41-48] (M:) ROCK, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L

[41-48] (L:) STEP, 1/2 TURN R, SHUFFLE, STEP, 1/2 TURN L, SHUFFLE 1/2 TURN L

1-2 M: Step Left forward, Recover Weight onto Right

L: Step Left forward, ½ Turn Right (Weight on Right) (RLOD)

3&4 M: Step Left back, Step Right together, Step Left back

L: Step Left forward, Step Right together, Step Left forward

5-6 M: Step Right back, Recover Weight onto Left

L: Step Right forward, ½ Turn Left (Weight on Left) (LOD)

7&8 ¼ Turn left stepping Right side, Step left together, ¼ Turn left stepping Right back (RLOD)

***1 release Hands; *2 keep Right into Palm-To-Palm; *6 raise right Arms over Ladys Head; *8 rejoin Left in front of Lady**

[49-56] ROCK BACK, RECOVER, SHUFFLE, STEP, 1/4 TURN L, CROSS SHUFFLE

1-2 Step Left back, Recover Weight onto Right

3&4 Step Left forward, Step Right together, Step Left forward

5-6 Step Right forward, ¼ Turn Left (Weight on Left) (OLOD)

7&8 Cross Right Over Left, Close Left to Right, Cross Right Over Left

****5 release right Hands; *6 raise left Arms over Ladys Head; rejoin Right into Indian Position**

[57-64] SIDE BEHIND, CHASSE 1/4 TURN L (L: 1/4 TURN R (2x), 1/4 TURN R SHUFFLE), MAMBO, SHUFFLE BACK

1-2 M: Step Left side, Cross Right behind Left

L: ¼ Turn right stepping Left back, ¼ Turn right stepping Right side (ILOD)

3&4 M: Step Left side, Step Right together, ¼ Turn left stepping Left forward (LOD)

L: ¼ Turn right stepping Left forward, Step Right together, Step Left forward (LOD)

5&6 Step Right forward, Recover onto Left, Step Right beside Left

7&8 Step Left back, Step Right together, Step Left back

***1 don't release Hands, raise Left over Ladys Head (end into Crossed Position, Left above Right);**

***3 raise right Arms over Ladys Head, release left Hands & rejoin into Sweetheart**

.... hold your girl, smile & have fun

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