

Good Feeling

拍數: 48 牆數: 4 級數: Improver
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音樂: Real Good Feeling "By" Kent & Di Natale



Intro: 28 Counts

Sec 1: Heel & Heel & Swivel & x2

1&2& RF. Dig heel fwd - RF. Step together - LF. Dig heel fwd - LF. Step together
3&4& RF. Touch toe fwd - RF+LF. Swivel both heel to right - RF+LF. Swivel both heel to center -
RF. Step together
5&6& LF. Dig heel fwd - LF. Step together - RF. Dig heel fwd - RF. Step together
7&8 LF. Touch toe fwd - LF+RF. Swivel both heel to left - LF+RF. Swivel both heel to center
(weight on RF)

Sec 2: Back Rock, Recover, & Step Together, Step fwd, 1/4 Side Rock, Recover, Cross Over, Kick-Ball-Cross

1-2 LF. Back rock - RF. Recover
&3-4 LF. Step together - RF. Step fwd - LF. Step fwd
5&6 RF. Side rock with a 1/4 turn left - LF. Recover - RF. Cross over LF (9:00)
7&8 LF. Kick diagonal left fwd - LF. Step together - RF. Cross over LF

Sec 3: Step Side, Behind, L Chasse, Cross Over, Unwind, Behind-Side-Cross

1-2 LF. Step side - RF. Cross behind LF
3&4 LF. Step side - RF. Step beside LF - LF. Step side
5-6 RF. Cross over LF - Unwind full turn left (weight on RF)
7&8 LF. Cross behind RF - RF. Step side - LF. Cross over RF

Sec 4: R Side Mambo, Step Together, L Side Mambo, Step Together, Mambo fwd, Step Together, Coaster Step

1&2 RF. Side rock - LF. Recover - RF. Step together
3&4 LF. Side rock - RF. Recover - LF. Step together
5&6 RF. Rock fwd - LF. Recover - RF. Step together
7&8 LF. Step back - RF. Step together - LF. Step fwd **Restart Point**

Sec 5: Rock fwd, Recover, Shuffle 1/2 Turn R, Rock fwd, Recover, Shuffle 1/2 Turn L

1-2 RF. Rock fwd - LF. Recover
3&4 Shuffle 1/2 turn right, stepping R,L,R (3:00)
5-6 LF. Rock fwd - RF. Recover
7&8 Shuffle 1/2 turn left, stepping L,R,L (9:00)

Sec 6: Rock fwd, Recover, Behind-Side-Cross, Side Rock, Recover, & Step Together, Step Side, Step Together

1-2 RF. Rock fwd - LF. Recover
3&4 RF. Cross behind LF - LF. Step side - RF. Cross over LF
5-6 LF. Side rock - RF. Recover
&7-8 LF. Step together - RF. Step side - LF. Step together

Start Again

Restart: On the 3rd wall after count 32 (3:00)

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