

Suzanna

拍數: 80 牆數: 4 級數: Phrased Improver
編舞者: Uli Elfrida (INA) - April 2019
音樂: Suzanna - Hermes House Band : (iTunes)



Sequence : A B tag1 A tag2 B A A B B ending

A= 48 counts B= 32 counts tag1= 4 counts tag2= 8 counts ending= 8 counts

A = 48 counts

Section 1 : Walk forward, shuffle forward, touch & hip bumps, behind side cross

1 2 3&4 Walk L R forward, shuffle forward L R L (facing 12.00)
5&6 7&8 Touch R to right side and hip bumps RLR the weight on left foot, step R behind L, step L to left side, cross R over L

Section 2 : Toe strut L R, 1/4 turn left jazz box, twist

1 2 3 4 Touch L toe to left side, drop L heel, cross touch R toe over L, drop R heel
5&6 7&8 Cross L over R, 1/4 turn left step R back (facing 9.00) step L next to R, twist heel L R L (with feet together weight on balls of feet)

Section 3 : Side mambo R L, rocking chair, step forward, step together

1&2 3&4 Rock R to right side, recover on L, step R next to L Rock L to left side, recover on R, step L next to R
5&6&7 8 Rock R forward, recover on L, rock R back, recover on L, step R forward, step L together

Section 4 : Side shuffle R, 1/4 turn left, side shuffle L, step touch R L

1&2 3&4 Step R to right side, step L together, step R to right side, 1/4 turn left (facing 6.00) step L to left side, step R together, step L to left side.
5 6 7 8 Step R to right side, touch L heel to left side, step L to left side, touch R heel to right side

Section 5 : Shuffle forward, walk forward, kick ball step

1&2 3&4 Shuffle forward R L R, shuffle forward L R L
5 6 7&8 Walk forward R L, kick R forward, step on ball R, step L forward

Section 6 : Step turn, cross shuffle, kick ball touch, cross shuffle

1 2 3&4 Step R forward, pivot 1/4 turn left (facing 3.00), cross R over L, step L to left side, cross R over L
5&6 7&8 Kick L forward, step L on ball, touch R to right side, cross R over L, step L to left side, cross L over L

B = 32 counts

Section 1 : Step side, hold, step together, step side, step in place, step together

1 2 &3&4 Step L to left side, hold (shoulder shimmy), step R together, step L to left side, step R in place, step L together (facing 3.00)
5 6 &7&8 Step R to right side, hold (shoulder shimmy), step L together, step R to right side, step L in place, step R together

Section 2 : Tap step L R forward , 1/2 turn tap step L forward, step R forward 1/4 turn hitch

1 2 3 4 Tap L forward, step on L forward, tap R forward step on R forward
5 6 7 8 Turn 1/2 left (facing 9.00) tap L forward, step on L forward, step R forward, turn 1/4 right (facing 12.00) hitch L forward

Section 3 : Repeat section 1

Section 4 : Repeat section 2

Tag 1 :

1 2 3&4 Step back L R L , rock R back, touch L forward

Tag 2 :

1 2 3&4 Step back L R L, rock R back, touch L forward

5 6 7 8 Step forward L R L, step R together

Ending

1 2 3 4 Walk forward L R L R

5 6 7 8 step L forward (5), hold (6 7 8)

Enjoy the dance.

Contact : ulielfridaksp@gmail.com
