

Uno, Dos, Tres Calypso

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Pat Stott (UK) - April 2019
音樂: Calypso - Luis Fonsi & Stefflon Don : (Album: VIDA)



Commence after 24 counts (15 seconds)

Walks forward, close, Step to right and shimmy right or hip bumps, Transfer weight to left and shimmy left or hip bumps

- 1-4. 3 walks forward ((RLR), close left next to right (optional shimmy shoulders as you walk forward)
- 5-6. Step right to right and shimmy shoulders to right (or bump hips to right twice)
- 7-8. Transfer weight to left and shimmy shoulders to left (or bump hips to left twice)

4 Walks back twisting toes out,

Step to right and shimmy right (or hip bumps), Transfer weight to left and shimmy left (or hip bumps)

- 1-2. Walk back on right twisting left toes to left, walk back on left twisting right toes to right
- 3-4. Walk back on right twisting left toes to left, walk back on left twisting right toes to right
- 5-6. Step right to right and shimmy shoulders (or bump hips to right twice)
- 7-8. Transfer weight to left and shimmy shoulders (or bump hips to left twice)

Right to right diagonal, - step, cross, step, hitch & clap, turn to left diagonal - step, cross, step hitch & clap (squaring up to 12 o'clock)

- 1-4. Towards right diagonal - Right to right, cross left over right, right to right, hitch left beside right & clap turning to left diagonal
- 5-8. Towards left diagonal - Left to left, cross right over left, left to left, square up to 12 o'clock hitch (or tap) right next to left & clap

(Alternative: replace vines with rolling vines)

3 paddles as you gradually turn 1/2 left, step on right, 3 paddles as you gradually turn 3/4 right, step down on left

- 1-4. With weight on left paddle right toe x3 to gradually turn 1/2 left, step down on right
- 5-8. With weight on right paddle left toe x3 gradually turning 3/4 right, close left to right

Ending- section 2

Dance 1-3 then change step 4 : turn 1/2 left to face 12 o'clock stepping forward on left, step to right and continue with steps 5-8 (shimmy shoulders)

Have fun with the steps, if you are doing the hip bumps in sections 1 & 2 - shake your maracas!