

# I Go Down

拍數: 32      牆數: 4      級數: Beginner - Bar Dance 2Step  
編舞者: Nancy Morgan (USA) - January 2019  
音樂: Down to the Honkytonk - Jake Owen



**Begin: When he starts to sing – 16 counts in**

**Non-Country: Come Baby Come by K7; Begin after 16 counts on the hard beat**

## **RIGHT TOE-HEEL, STOMP, SWIVEL TOES IN-OUT-IN, REPEAT WITH LEFT**

- 1&2      Touch Right toe in toward Left instep, Brush Right heel forward, stomp with toes pointing towards 1:00  
3&4      Move Right toes in toward 12:00, back out to 1:00, back to 12:00 shifting weight to Right  
5&6      Touch Left toe in toward Right instep, Brush Left heel forward, stomp with toes pointing towards 11:00  
7&8      Move Left toes in toward 12:00, back out to 11:00, back to 12:00 weight remains on Right

## **STEP BACK LEFT, RIGHT, RIGHT HEEL SWIVEL IN-BACK, LEFT HEEL SWIVEL IN-BACK, HEEL, TOE, HEEL, HEEL AND HEEL AND**

- 1,2      Step back on Left, step back on Right shoulder width apart from Left  
&3&4      Swivel Right heel in and back out, Swivel Left heel in and back out  
5&6      Swivel both heels in towards center, then toes, then heels  
7&8&      Tap Right heel forward, step Right next to Left, Tap Left heel forward, step Left next to Right

## **STEP, SLIDE, HEEL OUT AND HEEL OUT, RIGHT HEEL, CROSS, RIGHT HEEL, OUT, HEEL, HITCH, STOMP**

- 1,2      Step Right foot forward, slide Left next to Right  
3&4&      Swivel Right heel out and return, swivel Left heel out and return  
5&      Tap Right heel forward, Lift Right foot off of ground as you cross Right over Left  
6&      Tap Right heel forward, Lift Right foot off of ground as you bring Right heel out to Right side  
7&8      Tap Right heel forward, Bring Right knee up like a Hitch as you step back on Right

## **LEFT HEEL, CROSS, HEEL, OUT, HEEL, HITCH, STOMP, ROCK BACK RIGHT, STEP, QUARTER TURN, STOMP, CLAP**

- 1&      Tap Left heel forward, Lift Left foot off of ground as you cross Left over Right  
2&      Tap Left heel forward, Lift Left foot off of ground as you bring Left heel out to Left side  
3&4      Tap Left heel forward, Bring Left knee up like a Hitch as you step back on Left  
5&      Rock back on your Right and forward on Left  
6&      Step forward on Right, Pivot ¼ turn to Left (weight is on Left)  
7,8      Stomp Right next to Left, Clap

**BEGIN AGAIN!**