

The Ladder

拍數: 96 牆數: 4 級數: Improver / Intermediate
編舞者: Carl Sullivan (AUS) - March 2019
音樂: Jacob's Ladder - Mark Wills : (Album: Mark Wills)



Each Sequence Turns ¼ Right

- 1-2 Step R fwd on R diagonal, Touch L beside R with Clap
3-4 Step L fwd on L diagonal, Touch R beside L with Clap
5-6-7-8 Step R to R, Step L beside R, Step R back
- 1-2 Step L Back on L diagonal, Touch R beside L with Clap
3-4 Step R back on R diagonal, Touch L beside R with Clap
5-6-7-8 Step L to L, Step R beside L, Step L fwd
- 1-2-3-4 Step R fwd, Pivot ¼ L onto L, Step R fwd, Scuff L beside R 9.00
5-6-7-8 Step L fwd, Pivot ½ turn R onto R, Step R fwd, Scuff R beside L 3.00
- 1-2-3-4 Rock R fwd, Replace on L, ¼ R Step R fwd, Touch L beside R 6.00
5-6-7-8 Walk in semi (1/2) circle L, R, L, Touch R beside L 12:00
- 1-2-3-4 Vine R (R, L, R), Touch L beside R
5-6-7-8 Touch L to L side, Hook behind, Touch L to L side, Hook behind (Outbacks)
- 1-2-3-4 Vine L (L, R, L) Touch R beside L
5-6-7-8 Touch R to R side, Hook behind, Touch R to R side, Hook behind (Outbacks)
- 1-2-3-4 Step R to R, Step L beside R, ¼ R Step R fwd, Hold 3.00
5-6-7-8 Step L fwd, Pivot ¼ R onto R, Step L fwd, Hold 6.00
- 1-2-3-4 Step R fwd, Pivot ¾ L onto L, Step R to R, Hold 9.00
5-6-7-8 Step L behind R, Step R to R, Cross-step L over R, Hold
- 1-2-3-4 Rock R to R, Replace on L, Cross-step R over L, Hold
5-6-7-8 Rock L to L, Replace on R, Cross-step L over R, Hold
- 1-4 Vine R for 4 counts (R, L, R, L)
5-8 Step R to R. Step L beside L, Step R fwd, Hold
- 1-2-3-4 Rock L to L, Replace on R, Cross-step L over R, Hold
5-6-7-8 Rock R to R, Replace on L, Cross-step R over L, Hold
- 1-2-3-4 Step L to L, Step R behind L, ¼ L Step L fwd, Hold 6.00
5-6-7-8 Step R fwd, Pivot ¼ L onto L, Touch R beside L, Hold 3.00

[96]

Tag: At the end of Wall 2,

- 1-4 - Step R fwd, Pivot ½ turn L onto L, Step R fwd, Hold
5-8 - Step L fwd, Pivot ½ R onto R, Step L fwd, Hold

