

A Broken Heart

拍數: 32 牆數: 4 級數: Newcomer
編舞者: Maria Rovira Porta (ES) - March 2019
音樂: Nothing Breaks Like a Heart by Miley Cyrus



Intro: 32 counts

[1-8] SYNCOPATED JAZZ BOX, POINT R, SAILOR STEP, WEAVE

1-2 Cross right over left, step left back
&3-4 Step right side, cross left over right, touch right toe to the side
5&6 Cross right behind left, step left to side, step right to side
7&8 Cross left behind right, step right to side, Cross left over right

Restart Wall 10 (6:00)

[9-16] 1/2 MONTEREY ¼ TURN R, TOU HEEL STEP, REPITED COUNTS (9-12)

1-2 Touch right toe to side, turn ¼ right and step right together (3:00)
3&4 Touch Left toe next to right, touch right heel diagonally left, step right forward
5-6-7&8 Repeat counts 9-12. (6:00)

Restart Wall 6^a (3:00)

[17-24] STEP R, STEP CROSS BACK L, CHASSE R, 1/4 TURN R STEP L, POINT R, KICK BALL CROSS.

1-2 Step right side, Cross left behind right
3&4 Step right side, step left together, step right side
5-6 Turn ¼ right and step left side, Touch right toe next to left (9:00)
7&8 Kick diagonally right forward, step right next to left, cross left over right

Restart Wall 2^a (6:00)

[25-32] STEP DIAGONAL R FORWARD, POINT CROSS BACK, STEP DIAGONAL L FORWARD, POINT CROSS BACK, STEP OUT- STEP OUT, TWIST, TWIST, HITCH

(counts 29-32. colocar mano derecha delante en señal de stop, colocar mano delante izquierda en señal de stop y cruzar manos con puños cerrados sobre el pecho)

[counts 29-32. place right hand in front of stop sign, place hand in front in stop sign and cross hands with closed fists on chest]

1-2 Step diagonally right forward, point left toe crossing right foot
3-4 Step diagonally left forward, point right toe crossing left foot
5-6 Step right side (push right hand forward), step left side (push left hand forward)
7&8 Twist right heel in, Twist right toe in, Hitch right (close hands and cross them on the chest (9:00))

Nota:

RESTARTS:

Wall 2, after count 24

Wall 6, after count 16

Wall 10, after count 8

Ending: Wall 13, in count 20 we make ½ turn right and step back (12:00)