

Naked No More

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Mike Stringer (UK) - April 2019
音樂: I Don't Look Good Naked Anymore - Johnny Brady



Intro: 16 Counts - No Tags or Restarts

Sec 1: Reverse Rhumba, Shuffle Forward, Mambo ½ turn

- 1&2. Step right to right side, step left next to right, step right back
- 3&4. Step left to left side, step right next to left, step left forward (12:00)
- 5&6. Step right forward, step left next to right, step right forward
- 7&8. Rock left forward, recover onto right, make ½ turn left stepping left forward (6:00)

Sec2: Grapevine Cross, Side Rock & Cross x2

- 1&2& Step right to right side, cross left behind right, step right to right side, cross left in front of right
- 3&4. Rock right to right side, recover onto left, cross right over (6:00)
- 5&6& Step left to left side, cross right behind left, step left to left side, cross right in front of left
- 7&8. Rock left to left side, recover onto right, cross left over (6:00)

Sec 3: Syncopated ½ Monterey Turn x2, Mambo Forward, Sailor ½ Turn

- 1&2&. Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place.
- 3&4&. Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place. (6:00)
- 5&6. Rock right forward, recover onto left, step right in place
- 7&8. Cross left behind right, make ½ turn left stepping right to right side, step left in place (12:00)

Sec 4: Travelling Bumps, ½ Chase Turn, Run Forward L,R,L

- 1&2. Step right forward bumping hips forward, back, forward (R,L,R)
- 3&4. Step left forward bumping hips forward, back, forward (L,R,L) (12:00)
- 5&6. Step right forward, make ½ turn over left, step right forward
- 7&8. Small run step forward left, right, left (6:00)

Begin again, smile and have fun.

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