

# Naked No More

拍數: 32      牆數: 2      級數: Improver  
編舞者: Mike Stringer (UK) - April 2019  
音樂: I Don't Look Good Naked Anymore - Johnny Brady



## Intro: 16 Counts - No Tags or Restarts

### Sec 1: Reverse Rhumba, Shuffle Forward, Mambo ½ turn

- 1&2.            Step right to right side, step left next to right, step right back  
3&4.            Step left to left side, step right next to left, step left forward (12:00)  
5&6.            Step right forward, step left next to right, step right forward  
7&8.            Rock left forward, recover onto right, make ½ turn left stepping left forward (6:00)

### Sec2: Grapevine Cross, Side Rock & Cross x2

- 1&2&            Step right to right side, cross left behind right, step right to right side, cross left in front of right  
3&4.            Rock right to right side, recover onto left, cross right over (6:00)  
5&6&            Step left to left side, cross right behind left, step left to left side, cross right in front of left  
7&8.            Rock left to left side, recover onto right, cross left over (6:00)

### Sec 3: Syncopated ½ Monterey Turn x2, Mambo Forward, Sailor ½ Turn

- 1&2&.            Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place.  
3&4&.            Touch right toe out to right side, make ½ turn right stepping right in place, touch Left toe out to left side, step left in place. (6:00)  
5&6.            Rock right forward, recover onto left, step right in place  
7&8.            Cross left behind right, make ½ turn left stepping right to right side, step left in place (12:00)

### Sec 4: Travelling Bumps, ½ Chase Turn, Run Forward L,R,L

- 1&2.            Step right forward bumping hips forward, back, forward (R,L,R)  
3&4.            Step left forward bumping hips forward, back, forward (L,R,L) (12:00)  
5&6.            Step right forward, make ½ turn over left, step right forward  
7&8.            Small run step forward left, right, left (6:00)

Begin again, smile and have fun.

Email : [peppermintpolo1@hotmail.co.uk](mailto:peppermintpolo1@hotmail.co.uk)