

Sixties Dance Medley

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Marie Sørensen (TUR) - March 2019
音樂: Sixties Medley - Die Campbells



Intro: 32 Counts - Buy the music on iTunes

CROSS ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, POINT

1-2 Rock Right in front of left, recover
3-4 Rock right to the right side, recover
5-6 Cross right behind left, step left to the left side
7-8 Cross right over left, point left to the left side (12:00)

1/4 TURN LEFT, TOE STRUT, LEFT, RIGHT, MAMBO 3/4 TURN LEFT, HOLD

1-2 1/4 turn left, tap left toe fwd, drop left heel
3-4 Tap right toe fwd. drop right heel (09:00)
5-6 Rock fwd. left, recover
7-8 3/4 turn left, step fwd. left, hold (12:00)

STOMP, HOLD, STOMP, HOLD, RUN FWD. RIGHT, LEFT, RIGHT, LEFT

1-2 Stomp fwd. right, hold & clap
3-4 Stomp fwd. left, hold & clap
5-6 Run fwd. right, left - Bend your knees
7-8 Run fwd. right, left - Bend your knees (12:00)

BACK, KICK, BACK, KICK, COASTER STEP, HOLD

1-2 Step back on right, kick left fwd.
3-4 Step back on left, kick right fwd.
5-6 Step back on right, step left next to right
7-8 Step fwd. on right, hold (12:00)

Restart the dance at this point during wall 8 (Facing 09:00) and wall 12 (Facing 03:00) ,

In section 4, on count 8, do a step fwd. on left, instead of hold, Now you have weight on left, start from the beginning

FWD. FLICK, FWD. FLICK, ROCK, RECOVER, STEP BACK, HOLD

1-2 Step fwd. on left, flick right back - while you bend your upper body forward
3-4 Step fwd. on right, flick left back - while you bend your upper body forward
5-6 Rock fwd. left, recover
7-8 Step back on left, hold & clap (12:00)

SLOW JAZZ BOX 1/4 TURN RIGHT

1-2 Cross right over left, hold
3-4 Step back on left, hold
5-6 ¼ turn right, hold
7-8 Step fwd. on left, hold (03:00)

THERE ARE 2 RESTART

During wall 8 - After 32 counts - Facing 09:00

During wall 12 - After 32 counts - Facing 03:00

HAPPY HAPPY MUSIC !

Have Fun!

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No changes in the stepsheet allowed, without the choreographer permission.
