Boot Scoot Flash



拍數: 32 編數: Absolute Beginner - Circle

編舞者: June Tammett (AUS) - March 2019 音樂: Boot Scootin' Boogie - Brooks & Dunn



Very easy for absolute beginners or audience participation Also suitable for people who are seated to join in the fun

Substitute any 32-count music you like!

[1-8] WALK FORWARD X 3 and KICK, WALK BACK X 3 and TOUCH

1-4 Walk forward Right, Left, Right, kick Left5-8 Walk back Left, Right, Left, touch Right

[9-16] STEP TOGETHER STEP TOUCH TO THE RIGHT, REPEAT TO THE LEFT

Step Right to the side, step Left next to Right, step Right to the side, touch Left next to Right
Step Left to the side, step Right next to Left, step Left to the side, touch Right next to Left
Optional: Clap hands on counts 2, 4, 6 & 8

[17-24] HEEL TOGETHER HEEL TOGETHER, REPEAT

1-4 Touch R heel to right diagonal, step R back in place, Touch L heel to left diagonal, step L

back in place

5-8 Repeat counts 1-4

[25-32] STOMP STOMP, TWIST TWIST, REPEAT

1-4 Stomp R foot next to L (x 2), with feet together twist heels to the right then back to centre.

5-8 Repeat counts 1-4.

REPEAT

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