## Making Me High



拍數: 32 牆數: 4 級數: Intermediate 編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2019

音樂: You're Makin' Me High - Toni Braxton



Start after 48 count on vocal approx. 32 secs- 4mins 06secs – 92bpm Music Available: Amazon

[1-8]	Walk fwd 2	1/4 L ball c	ross (Fnalish	Cross) 1/4	I & R back I	L coaster, R ball step fwd	R fwd
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1-2 Step R forward, step L forward

&3-4 Turning ¼ left step R side, cross step L over R, turning ¼ left step R back (6 o'clock)

5&6 Step L back, step R together, step L forward&7-8 Step R together, step L forward, step R forward

## [9-16] L fwd mambo, ¼ R sweeping toaster, L fwd rock/recover, L/R back step touches

1&2 Rock L forward, recover weight on R, step L together

3&4 Sweeping R back turning 1/4 right step R back, step L together, step R forward (9 o'clock)

5-6 Rock L forward, recover weight on R

&7 Step L back on left diagonal, touch R together &8 Step R back on right diagonal, touch L together

WALL 8 RESTART: During wall 8 which starts facing R side wall, dance the first 16 counts of the dance which brings you to the front wall.

ADD ONE EXTRA STEP - step L back on the & COUNT after 8 and begin again

## [17-24] L back, R back rock, recover weight on L sweeping R forward, ¼ left cross step, L side, R sailor, syncopated weave R

&1-2 Step L back, rock R back, recover weight on L as you sweep R forward

3-4 Turning ½ left cross step R over L, step L side (6 o'clock)

5&6 Cross step R behind L, step L side, step R side

7& Cross step L behind R, step R side8& Cross step L over R, step R side

## [25-32] L cross rock/recover, L ball cross side, R behind-1/4 L- R fwd, ½ R chase turn

1-2 Cross rock L over R, recover weight on R&3-4 Step L back, cross step R over L, step L side

5&6 Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)

7&8 Step L forward, pivot ½ right, step L forward (9 o'clock)

Tel: 01462 735778 Email: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk

\*Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P