Tear Me Apart

拍數: 48

級數: Beginner

編舞者: Rob McKean (CAN) - March 2019

音樂: Heat Wave - Linda Ronstadt

Intro: 16 Counts

Step Forward and Scuff Twice, Vine Right

- 1-4 Step forward on R, scuff L forward, step forward on L, scuff R forward
- 5-8 Step side right, cross L behind R, step side right, touch L beside R

Side Step Stomp Beside, Repeat, Coaster Step, Scuff

- 9-12 Step side left, stomp R beside L, step side right, stomp L beside R
- 13-16 Step back on L, together on R, forward on L, scuff R forward
- (Restart here during 6th sequence)

Toe Touch Step Forward, Repeat, Rock Forward, Recover, ¼ Turn Right, Touch

- 17-20 Touch R toe forward, step down on R, touch L toe forward, step down on L
- 21-24 Rock forward on R, recover on L, turn ¼ turn right stepping on R, touch L beside R

Side Touch, Step Together, Repeat, Cross Rock, Recover, Step Beside, Hold

- 25-26 Touch L toe to left side, step together on L
- 27-28 Touch R toe to right side, step together on R
- 29-32 Cross L over R, recover onto R, Step together on L beside R, Hold

(Restart here during 2nd and 4th sequences)

Step Slide Step Scuff Forward, Repeat

- 33-36 Step forward on R, slide L up beside R, step forward on R, scuff L forward
- 37-40 Step forward on L, slide R up beside L, step forward on L, scuff R forward

1/4 Turning Monterey Turn, Repeat

- 41-44 Point R toe to right side, make a ¼ turn right on L and step down on R, point L toe to left side, step together on L
- 45-48 Point R toe to right side, make a ¼ turn right on L and step down on R, point L toe to left side, step together on L





牆數

牆數: 4