Betty Bump (or Borderline Betty)



拍數: 32 牆數: 4 級數: High Beginner

編舞者: Peter Flockhart (UK) - March 2019

音樂: Betty's Got a Bass Boat - Pam Tillis: (Album: Country Legends)



Or: My Baby drives a Buick by Sawyer Brown - both on iTunes

HIP BUMPS, RIGHT GRAPEVINE

1&2 Step forward on right foot and bump Right, Left, Right,3&4 Step forward on the Left foot and bump Left, Right, Left.

5-8 Right foot to R side, Left foot behind Right, Right foot to side, Touch Left next to Right

HIP BUMPS, LEFT GRAPEVINE WITH 1/4 TURN

9&10 Step forward on the Left foot and bump Left, Right, Left,11&12 Step forward on the Right foot and bump Right, Left, Right.

13-16 Left foot to L side, Right foot behind Left, Left foot 1/4 turn left, Right foot scuff beside L

PIVOT 1/2 TURN, MONTEREY TURN, PIVOT 1/2 TURN

17-18 Step forward Right foot, 1/2 turn pivot to left, weight to Left

19-22 Touch Right foot to right, while closing Right next to Left, turn 1/2 turn right, touch Left to left

side, close left to Right.

23-24 Step forward Right foot, 1/2 turn pivot to left, weight to Left

FORWARD DRAG, SYCOPATHED HEEL SPLITS, HEEL SPLITS

25-28 Step long step forward on Right, close Left to right over two beats, Stomp Left and clap

29&30& Split Heels and close, Split heels and Close

31-32 Split heels, Close heels