

# My Best Friend Dave

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Shelia Montgomery (USA) - March 2019  
音樂: As Good As I Once Was - Toby Keith



**Intro: 16 counts**

**Walk R, L, R, Kick L, Walk back L,R,L, Touch R toe**

1,2,3,4      Walk forward R,L,R, Kick L foot forward  
5,6,7,8      Walk, or step backwards, L,R,L, Touch R toe next to L foot

**V Step, Heel twists**

1,2      Step fwd diagonally right with your R foot, out diagonally left with your L foot  
3,4      Step back into center with your R, back in with your L (beside your R)  
5,6      Twist your R heel inward, then straighten back up  
7,8      Twist your L heel inward, then straighten

**Side-together-side, hitch L with ¼ turn left, Walk L,R,L, Touch R toe**

1,2      Still facing forward – step your R to your right side, Step L next to R  
3,4      Step R to right side, Turn 1/4 left while Hitching your L knee  
5,6,7,8      Walk forward L,R,L, Touch your R toe next to your L foot

**Hip bumps**

1,2      Stepping on your R – bump your R hip forward twice  
3,4      Bump your L hip back twice  
5,6,7,8      Bump R hip forward, L hip back, R hip forward, L hip back

**TAG: On walls 3 (6:00), 6 (6:00) & 7 (3:00), after completing the dance sequence, there is a 4 count tag. Add a slow, circular motion, counter-clockwise with your hips, for 4 counts, then restart the dance. You can easily hear the cues coming prior to the tag.**

**RESTART: On wall 4, (12:00) dance 16 counts (through the V step and heel twists) then Restart.**