# My Best Friend Dave



編舞者: Shelia Montgomery (USA) - March 2019 音樂: As Good As I Once Was - Toby Keith



Intro: 16 counts

# Walk R, L, R, Kick L, Walk back L,R,L, Touch R toe

1,2,3,4 Walk forward R,L,R, Kick L foot forward

5,6,7,8 Walk, or step backwards, L,R,L, Touch R toe next to L foot

# V Step, Heel twists

1,2	Step fwrd diagonally right with your R foot, out diagonally left with your L foot
3,4	Step back into center with your R, back in with your L (beside your R)
5,6	Twist your R heel inward, then straighten back up
7,8	Twist your L heel inward, then straighten

### Side-together-side, hitch L with 1/4 turn left, Walk L,R,L, Touch R toe

1,2	Still facing forward – step your R to your right side, Step L next to R
3,4	Step R to right side, Turn 1/4 left while Hitching your L knee
5,6,7,8	Walk forward L,R,L, Touch your R toe next to your L foot

### Hip bumps

1,2	Stepping on your R – bump your R hip forward twice
3,4	Bump your L hip back twice
5,6,7,8	Bump R hip forward, L hip back, R hip forward, L hip back

TAG: On walls 3 (6:00), 6 (6:00) & 7 (3:00), after completing the dance sequence, there is a 4 count tag. Add a slow, circular motion, counter-clockwise with your hips, for 4 counts, then restart the dance. You can easily hear the cues coming prior to the tag.

RESTART: On wall 4, (12:00) dance 16 counts (through the V step and heel twists) then Restart.