

Don't Need No Man

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Linda Scott (USA) - February 2019
音樂: Don't Need No Man - DeMetri Moon



Intro: 16 counts - No Tags Or Restarts

STEP, LOCK, SHUFFLE, STEP, LOCK, SHUFFLE

1,2 Step forward on RF, Lock LF behind RF
3&4 Shuffle forward RLR
5,6 Step forward on LF, Lock RF behind LF
7&8 Shuffle forward LRL

¼ JAZZ CROSS, RIGHT WEAVE

1,2 Cross RF over LF, Step back on LF turning ¼ to right (3:00)
3,4 Step RF next to left, Cross LF over RF
5,6,7,8 Step RF, to side, Step LF behind RF, Step RF to side, Cross LF over RF

SIDE ROCK, ¼ SAILOR STEP, ROCK, RECOR, ¾ TURN TO LEFT

1,2 Rock RF to side, Recover on LF
3&4 ¼ Sailor step, RLR (6:00)
5,6 Rock LF forward, Recover on RF
7,8 Step ½ turning left on LF (12), Stepping forward ¼ on Rf (9:00)

BEHIND, SIDE-HEEL & CROSS R, STEP LEFT, BEHIND, SIDE-HEEL, STEP BACK ON RF, STEP FORWARD ON LEFT, SCUFF RF

1&2 Cross LF behind RF, RF step to right, left heel diagonally at the front (heel jack)
&3,4 LF next to RF, cross RF in front of LF, Step LF to side
5&6 Cross right behind LF, LF Step to the left, touch the R heel diagonally at the front (heel jack)
&7,8 Step back on RF, Step forward on LF, Scuff RF forward

Repeat and Enjoy!

Last Update - 28 March 2019