Mockingbird



拍數: 32 牆數: 4 級數: Improver

編舞者: Cati Torrella (ES) - February 2019 音樂: Tequila Mockingbird - Frank Ray



Intro 16 beats

[1-8]: 2 WALK FORWARD, STEP ½ TOUR STEP, ROCK STEP FORWARD, ANCHOR STEP

1-2 Walk forward RF, Walk forward LF

3&4 Step forward RF, ½ Turn to left- weight on LF, Step forward RF (6:00)

5-6 Rock forward on LF, Recover weight on RF

7&8 Step LF behind right, Step RF in Place, Step LF in place

[9-16]: R SAILOR STEP with ½ TURN, ½ TURN, ½ TURN, COASTER STEP, KICK BALL POINT

1&2 Sailor Step with ½ turn to right: Step RF behind left, ¼ turn to right and step LF slightly to left,

1/4 turn to right and step RF slightly forward (12:00)

3 ½ turn to left and step forward on LF (6:00)

4 ½ turn to left and step and step back on RF (12:00)

*Easy Option: 2 steps back with LF and RF

5&6 Step back on LF, Step RF beside left, Step forward on LF

7&8 Kick forward on RF, Step RF beside left, Point Left Toe to left side

Here Restart on 3rd wall

[17-24]: CROSS ROCK STEP, TRIPLE ¼ TURN, STEP ¼ TURN, CROSS SHUFFLE

1-2 Cross Rock LF over right, Recover weight on RF

3&4 Step LF to the left side, Step RF beside left, ¼ turn to left and step forward on LF (9:00)

5-6 Step forward on RF, ¼ turn to left, weight on LF (6:00)
7&8 Cross RF over left, Step LF to left side, Cross RF over left

[25-32]: POINT, HOLD, POINT & POINT & JAZZ BOX 1/4 TURN

1 Point L Toe to left side

2 Hold

Step LF beside right, Point R Toe to right side
Step RF beside left, Point L Toe to left side
Step LF beside right, Cross RF over left

6 Step back on LF

7 ½ turn to right and Step RF to right side

8 Step forward on LF (9:00)

START AGAIN

RESTART: on 3rd wall, we will start at 6:00, we will do the counts 1 to 16, BUT

... Instead to do a KICK BALL POINT, we will do a KICK BALL STEP, finishing with weight on LF and we will start again 4th wall at 6:00 again.

Last Update - 13 June 2019 - R2