

Clap & Change (P)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 0 級數: Improver partner / circle
編舞者: Tiziana Nastasi (IT) & Luca Florida (IT) - March 2019
音樂: The World Needs a Drink - Terri Clark



Alt. music: She's Tough by Chris LeDoux.

Position: one in front of the other: Man facing the center of the circle, woman facing outwards

Session 1

1-2 Man: Step left to side, step right together
 Woman: Step right to side, step left together
3-4 Man: Step left to side, touch right together
 Woman: Step right to side, touch left together
5-6 Man: Step right to side, step left together
 Woman: Step left to side, touch right together
7-8 Man: Step right to side, step left together
(the man raises his left arm maintaining contact with the woman's hand)
 Woman: Step right to side, step left together

Session 2

1&2 Man: Shuffle forward right-left-right
 Woman: Shuffle forward right-left-right
(the woman goes towards the center of the circle, passing under the man's arm. The man goes in the opposite direction)
3&4 Man: Shuffle forward left-right-left
 Woman: Shuffle forward left-right-left
5-6 Man: Step right forward, ½ turn to left
 Woman: Step right forward, ½ turn to left
7-8 Man: Step right forward, step left together
 Woman: Step right forward, step left together

Session 3

1-2 Man: Step right diagonal forward (towards the woman's direction), touch left together & clap your hands with the woman
 Woman: Step right diagonal forward (towards the man's direction), touch left together & clap your hands with the man
3-4 Man: Step left diagonal back (rotate the body of 1/8 to the left), touch right together & clap your hands
 Woman: Step left diagonal back (rotate the body of 1/8 to the left), touch right together & clap your hands
5-6 Man: Step right forward (go in the direction of the other woman who now finds yourself in front of you), touch left together & clap your hands with the woman
 Woman: Step right forward (go in the direction of the other man who now finds yourself in front of you), touch left together & clap your hands with the man
7-8 Man: Step left back, touch right together & clap your hands
 Woman: Step left back, touch right together & clap your hands

Session 4

1-8 Man and Woman Starting with the right foot, take 8 steps in a circle (clockwise) to reverse the man/woman position, until you reach your starting position (man facing the woman)

Note: At the first step, touch the woman's hand. The joined hands will mark the center of the circle.

Resume the dance with the new partner
