

Pebble In My Shoe

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Advanced Beginner
編舞者: Debbie Nishiki (USA), Lucia Clementi (USA), Nora Chuang (USA) & Joyce Shannon (CAN) - March 2019
音樂: Pebble In My Shoe - Colin Arthur Wiebe : (Album: Livin On Dreams - iTunes)



Dedicated to "Bob" – Thank you suggesting the music and your encouragement

Intro: 32 Counts

Sec 1: R Kick Ball Change, R Kick Ball Change, R Together, L Heel Together

1&2 R Kick Ball Change
3&4 R Kick Ball Change
5,6 Put R Heel Fwd, Put R Heel Down next to L
7,8 Put L Heel Fwd, Put L Heel Down next to R - 12:00

Sec 2: R Lock Step, L Lock Step, Rock Recover, Half Turn Walk Walk

1&2 Lock Step Forward R,L,R
3&4 Lock Step Forward L,R,L
5,6 Rock forward R (5); Recover Left (6)
7,8 ½ Right Turn: Step R Making ½ Right Turn (7), Step L next to R (8)

Sec 3: R Kick Kick Triple Step; L Kick Kick Triple 1/4 Left Turn

1,2 Kick R foot fwd to the Right angle, Kick R foot to the side
3&4 Triple Step R,L,R
5,6 Kick L foot fwd to the Left angle, Kick L foot to the side
7&8 Triple Step L,R,L while turning 1/4 to the Left - 3:00

Sec 4: L 1/2 Turn, L 1/2 Turn, Walk R L, Run R,L,R,L

1,2 Step fwd on R; Make Left turn while stepping on L
3,4 Step fwd on R; Make Left turn while stepping on L
5,6 Walk R, L
7&8& Run fwd R,L,R,L

(Optional styling: Say Ouch,Ouch,Ouch,Ouch while running fwd)