

Sticking With You

COPPER **KNOB**
BY SHEETS

拍數: 64 牆數: 2 級數: Phrased Easy Intermediate
編舞者: Michael Barr (USA), Michele Burton (USA) & Jo Thompson Szymanski (USA) -
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音樂: I'm Sticking With You Baby - Catherine Russell : (CD: Bring It Back -
iTunes/Amazon)



#32 count intro (start A on &1)

Phrasing: A, B, A, B, B+, B+, A, B, B, 16 counts of B with ending

PART A: 32 COUNTS

[&1-7] BALL, CROSS, HOLD/KNEE BENDS

&1 Step ball of R to right/slightly back (&); Cross L over R bending knees (1)
2-7 Hold as you straighten knees and bend knees - bent on counts 3, 5, 7 (12:00)

[&8-15] SIDE, HEEL, BALL, CROSS, HOLD/KNEE BENDS

&8&1 Step R to right (&); Touch L heel to left diagonal (8); Step ball of L back (&); Cross R over L
bending knees (1)
2-7 Hold as you straighten knees and bend knees - bent on counts 3, 5, 7 (12:00)

[&16-24] QUICK VINE L, STOMP R FORWARD, FAN R TOE

&8&1 Step L to left (&); Step R behind L (8); Step L to left (&); Stomp R forward with toe turned in
keeping weight back on L, knees slightly bent (1)
2-8 Fan R toe out, in, out, in, out, in, out (keep weight on left) (12:00)

[25-32] TOE TAP, STEP, CROSS TOE TAP, STEP, WALK 4 STEPS IN A FULL CIRCLE R

1-4 Angle body slightly right: Tap R toe/ball to right (1); Step R to right 2); Tap L toe/ball across R
(3); Step L across R (4)
5-8 Make a full circle around to the right walking R, L, R, L (5-8) (12:00)

PART B: 32 COUNTS

[1-8] TRIPLE/CHASSE R, ROCK BACK, RECOVER, L DIAGONAL ROCKING CHAIR

1-4 Step R to right (1); Step L beside R (&); Step R to right (2); Rock L back (3); Recover to R (4)
5-6 Rock L forward to left diagonal (5); Recover to R (6)
7-8 Rock L back (7); Recover to R (8) (12:00)

[9-16] TRIPLE/CHASSE L, ROCK BACK, RECOVER, 1/4 PIVOT TURNS L x 2

1-4 Step L to left (1); Step R beside L (&); Step L to left (2); Rock R back (3); Recover to L (4)
5-8 Step R forward (5); Turn 1/4 left shifting weight to L (6)
7-8 Step R forward (7); Turn 1/4 left shifting weight to L (8) (6:00) (Roll hips CCW with each 1/4
turn)

[&17-24] SYNCOPATED JUMPS FORWARD & BACK WITH 1/4 TURN R

&1-2 Jump forward R, L (feet apart) (&1); Clap up (2)
&3-4 Turning 1/8 right, jump back R, L (feet apart) (&3); Clap down (4) (7:30)
&5-6 Turning 1/8 right, jump forward R, L (feet apart) (&5); Clap Up (6)
&7-8 Jump back R, L (feet apart) (&7); Clap down (8) (9:00)

[23-32] "CRUISIN'" VINE R

1-8 Step R to right (1); Step L behind R (2); Turn 1/4 right stepping R forward (3); Step L forward
(4); Turn 1/2 right shifting weight to R foot (5); Turn 1/4 right stepping L to left (6); Step R
behind L (7) Turn 1/4 left stepping L forward (8). (6:00)

PART B+: 32 COUNTS OF B PLUS 16 COUNT BONUS/TAG (B+ is danced twice during the instrumental)

part of the song)

[1-32] Dance counts 1-32 of part B as normal – then add the following 16 count Tag:

[1-8] TRIPLE FORWARD, ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER

1&2 Step R forward (1); Step L beside R (&); Step R forward (2)

3-4 Rock L forward (3); Recover on R (4)

5&6 Step L back (5); Step R beside L (&); Step L back (6)

7-8 Rock R back (7); Recover onto L (8)

Turning Option counts 1-8: R Triple forward (1&2); Step L forward (3); Pivot 1/2 right (4);

L Triple turning 1/2 right (5&6), Rock R back (7); Recover onto L (8)

[9-16] POINT R, CROSS, POINT L, CROSS, JAZZ BOX

1-4 Point R to right (1); Cross R over L (2); Point L to left (3); Cross L over R (4)

5-8 Jazz box: Cross R over L (5); Step L back (6); Step R to right (7); Cross L over R (8)

Ending: At the end of the song you will dance through the first 12 counts of B and then: Cross R over L unwind 360 degrees left ending with weight on L (or do a Jazz box to omit turn) (5-8); Take a big step R to right dragging L - ta-daa!! (1)

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