

Ring Ring

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Maria Maag (DK) - March 2019
音樂: Ring Ring - ABBA : (Album: GOLD - 3:05)



Intro: 16 counts from first beat in music (7 sec into track)

Restarts: Wall 3 after 16 (facing 12:00) and Wall 9 after 16 counts (facing 9:00)
Count 16 in both Restarts is changing from a cross R over L to a R touch next to L. ;-)

Ending: Wall 14 after 6 counts, make ¼ L in the Jazz box.....The End

[1 – 8] Step touch R+L, vine ¼ R scuff

1-2 Step R to R (1), touch L next to R (2) 12:00
3-4 Step L to L (3), touch R next to L (4) 12:00
5-6 Step R to R (5), cross L behind R (6) 12:00
7-8 ¼ R stepping down R (7), scuff L fw. (8) 03:00

[9 – 16] Step hold ¼ R hold, jazz box L cross R

1-2 Step fw. L (1), hold (2) 03:00
3-4 ¼ R stepping down R (3), hold (4) 06:00
5-6 Cross L over R (5), step back R (6) 06:00
7-8 Step L to L (7), cross R over L (8) 06:00

[17 – 24] Step touch L step kick L, behind side cross L hitch R

1-2 Step L to L (1), touch R next to L (2) 06:00
3-4 Step R to R (3), kick L diagonally fw. L (4) 06:00
5-6 Cross L behind R (5), step R to R (6), 06:00
7-8 Cross L over R (7), hitch R (8) 06:00

[25 – 32] Big step R swivel L heel toe, monterey ¼ L

1-2 Take a big step R to R (1), swivel L heel closer to R (2) 06:00
3-4 Swivel L toe closer to R (3), touch L next to R (4) 06:00
5-6 Point L to L (5), turn ¼ L on R stepping L next to R (6) 03:00
7-8 Point R to R (7), touch R next to L (8) 03:00

Have Fun And Enjoy...:-)

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