Crazy Without You



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Jessica Boström (SWE) - March 2019

音樂: On My Own - Bishara : (Single - iTunes, Spotify)



Intro: 8 counts. (Approx 8 secs. Into track.) Start with weight on L. Restart: *There is one Restart during wall 2. After 32 counts.

Section 1: Basic Nightclub R, 1/4L. Step Fwd, 1/2L, 1/2L Turn Sweep. Back Sweep. Back Sweep. Behind,

Side.

1 - 2&3Step R big step to Right side, close L beside R, cross R over L, 1/4 Left step fwd on L. (9:00)

Step R infront of L, turn 1/2 Left step fwd onto L, make 1/2 Left stepping R behind L sweeping 4&5

L to Left side. (9:00)

6 - 7 Step L back sweeping R to Right side, Step R back sweeping L to Left side. (9:00)

Step L behind R, Step R to Right side. (9:00) 88

Section 2: Cross Rock &, Cross Rock Ball. Walk, Walk. Step Turn 1/2R, Step Turn 1/4R.

1 - 2& Cross rock L over R, recover onto R, step L to Left side. (9:00) 3 - 4& Cross rock R over L, recover onto L, step R in place beside L. (9:00)

5 - 6 Step fwd on L, step Fwd on R. (9:00)

Step fwd on L, turn 1/2 Right stepping fwd onto R, step fwd on L, turn 1/4 Right step R to 7&8&

Right side. (6:00)

Section 3: Cross Sweep, Cross Side Behind. Sway, 1/4R, Fwd w Hitch. Back Sweep. Behind Side Cross.

1 - 2&3 Cross L over R sweeping R to Right side, cross R over L, step L to Left side, step R behind L. (6:00)

4 - 5 Step L to Left side as you sway your whole body to Left side, recover 1/4 Right stepping fwd

onto R. (9:00)

"For styling, on Count 4 look left to hit the lyrics on chorus"

6 - 7 Step fwd on L as you hitch R, step back on R sweeping L to Left side. (9:00)

8&1 Step L behind R, step R to Right side, cross L over R. (9:00)

Section 4: Side Behind 1/4R. Step Turn 1/2R, Rock Recover. Coaster Step. Full turn.

Step R to Right side, step L behind R, turn 1/4 Right stepping fwd onto R. (12:00) 2&3 4&5& Step fwd on L, turn 1/2 R stepping fwd onto R, rock fwd on L, recover onto R. (6:00)

6&7 Step back on L, close R beside L, step fwd on L. (6:00)

88 Turn 1/2 L stepping back onto R. Turn 1/2 L stepping fwd onto L. (6:00)

Section 5: Side, 1/8L Back Back, 1/8L Side (1/4 Diamond step). Run Run. 1/4L Basic Nightclub R, 1/4 R. 1/4 R. Cross.

1 - 2&3 Step R to Right side, 1/8 Left step L back on diagonal facing 4:30, step back on R, 1/8 Left

step L to Left side. (3:00)

4& Run fwd on R, L. (3:00)

5 - 6&7 Turn 1/4 Right step big step to Right side (12:00), close L beside R, cross R over L, turn 1/4

R step back on L. (3:00)

88 Turn 1/4 Right step R to Right side. Cross L over R. (6:00)

Section 6: Slow Side Rock. Recover. Cross. Sway. Sway. Prep. 1/4R, 1/2R, 1/2R, 1/2R, 1/4R Side.

1 - 3 Step R to Right side and slowly rock R to Right side, slowly recover onto L, cross R over L.

Step L to Left to side as you sway to Left, sway to your Right, sway to Left and prep upper

4 - 6 body to Left. (6:00)

^{*} Restart here on wall 2.

7& Turn 1/4 R small step fwd on R (9:00), turn 1/2 R and close L beside R. (3:00)

8&1 Turn 1/2 R small step fwd on R (9.00), turn 1/2 R and close L beside R (3:00), 1/4 Right big

step R to Right side. (6:00)

That last 1 count is also the first step in the dance to start over again...

Easier option for the last 7&8&: 1/4R Fwd on R, 1/2R back on L, 1/4 R side R, cross L over R.

Or non-turning option: Weave right. Side, cross, side, behind.

Start again!

Restart:* During wall 2, starts facing 6:00.

Restart after 32 counts (section 4) and then restart facing 12:00.

Ending on wall 5. To finish the dance facing the front wall, start the diamond as usual but now take it to the 12:00 wall.

If you have any questions and need help please don't hesitate to contact me.

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