Feels Like the First Time



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Elaine Montgomery (AUS) - March 2019 音樂: Feels Like the First Time - James Morrison



#16 Count Intro: Sequence: 48 64 tag1 48 64 tag2 64 32

Section 1	l1 Step. point, step	. right lock forward, ste	p forward left ¼ turn ri	ght, cross, back, together.
[.,p, p,p	,	p	g, c. ccc, zac, tegec

1 2 3	Step forward right, point left to left side, step forward left
4&5	Step forward right, lock left behind, step forward right

6 7 Step forward left, ¼ turn step on right

Step left across, step back on right, close left beside right.

[Section 2] Step, step, anchor step, full turn back left, sailor ¼ left, cross.

2 3	Sten	forward	riaht	sten	forward	left
2 0	Olep	ioiwaiu	nignit,	SICP	ioiwaiu	ICIL

Step right behind left, step left in place, step back right turn left step on left, ½ turn left step back on right

Sweep ½ turn step left behind right, right to the side, cross left over right.

[Section 3] Side, behind, ¼ turn right lock step, step forward left ¼ turn, cross, side, back.

2 3 Step right side, step left behind right

4&5 ½ turn step right, lock left behind right, step forward right

6 7 Step left forward, ¼ turn step on right

Step left across, step side on right, step back on left.

[Section 4] Rock back, recover, right samba forward, left samba forward, forward right, 3/4 turn left, side.

2 3 Rock back right, recover on left

4&5 Cross right over left, rock left to left side, step forward right.6 7 Cross left over right, rock right to right side, step forward left

Step forward right ½ turn step on left ¼ left step on right-to-right side.

[Section 5] Rock back, recover, **triple full turn to left, cross, side, sailor ½ turn right.

2 3 Rock back left behind, recover on right

Step ¼ turn left, ½ turn left stepping back on right, ¼ turn left to left side

6 7 Cross right over left, step left to left side

Sweep ¼ turn step right behind left, step ¼ turn right step left to side, step right to side with

sway

[Section 6] Sway left, sway right, side together side with sway, sway right, sway left, right side together side.

2 3 Sway on to left, sway on to right,

4&5 Step side left, close right beside left, step left with sway

6 7 Sway on to right, sway on to left

Step side right, close left beside right, step side right.

RESTART HERE ON WALLS 1 and 3. (Step change - forward on count 1 to restart the dance)

[Section 7] Rock back, recover, **triple full turn to left, cross, side, sailor ½ turn right

2 3 Rock back left behind, recover on right

4&5 Step ¼ turn left, ½ turn left stepping back on right, ¼ turn left to left side

6 7 Cross right over left, step left to left side

8&1 Sweep ¼ turn step right behind left, step ¼ turn right step left to side, step right to side with

sway

[Section 8] Sway left, sway right, side together side with sway, sway right, sway left side together forward

23 Sway on to left, sway on to right, 4&5 Step side left, close right beside left, step left with sway 6 7 Sway on to right, sway on to left 8&1 Step side right, close left beside right, step forward right. At end of walls 2 and 4, to flow into tag step right to side for count 1 RESTART AFTER 48 COUNTS: On wall 1 facing 3:00. On wall 3 facing 6:00 TAG 1 END OF WALL 2 - REPEAT SECTIONS 7 AND 8 (16 Counts) TAG 2 END OF WALL 4 - REPEAT SECTIONS 5,6,7 AND 8 (32 Counts) **Easy option for triple full turn in sections 5 and 7 – chasse to the left \square Dance finishes end of section 4 facing 12:00 on count 1. Enjoy! Contact Elaine: memonty91@hotmail.com - Mobile: 078