

No Drama

拍數: 32 牆數: 4 級數: Improver
編舞者: Shirley Blankenship (USA) & K. Sholes (USA) - March 2019
音樂: Family Affair - Mary J. Blige



Section 1: Step, Rock, Recover X2 Cross, 1/4 turn, Step, Mambo

1&2 3&4 Step R forward, Rock L back, Recover R, Step L forward, Rock R back, Recover L,
5&6 7&8 Step R over L, Step L 1/4 left, Step R, Rock L forward, Recover R, Step L back.

Section 2: Box Step X2 Mambo X2

1&2 3&4 Step R to side, Step L next to R, Step R forward, Step L to side, Step R next to L, Step L
back,
5&6 7&8 Rock R forward, Recover L, Step R back, Rock L back, Recover R, Step L forward.

Section 3: Sailor Step, 1/4 turn Sailor Step Side Mambo X2

1&2 3&4 Step R behind L, Step L to side, Step R in place, Step L behind R, Step R to side, Step L 1/4
left,
5&6 7&8 Rock R to side, Recover L, Step R next to L, Rock L to side, Recover R, Step L next to R.

Section 4: Step, Lock, Step X2 Cross, Back, Step X2

1&2 3&4 Step R forward, Lock L behind R, Step R forward, Step L forward, Lock R behind L, Step L
forward,
5&6 7&8 Cross R over L, Step L back, Step R to side, Cross L over R, Step R back, Step L to side.

Begin Again! It's All About Fun!
