

Breakaway

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Grant Stanley (SCO) & Emily Drydale (UK) - March 2019
音樂: Breakaway - The Gleeks



Start on 19 Secs just before word "grew"

Section 1 - Cross, Side, Together, Cross, 1/2 Turn Together

1,2,3 - Cross R over L, Step L to L side, R Together,
4,5,6 - Cross L over R, R to R side making 1/2 Turn, L together

Section 2 - Cross, Side, Together, Cross, 1/2 Turn Together

1,2,3 - Cross R over L, Step L to L side, R Together,
4,5,6 - Cross L over R, R to R side making 1/2 Turn, L together

Section 3 - Cross, Side, Behind, 1/4 Turn, Step Forward, Together (Waltz Step)

1,2,3 - Cross R over L, L to L side, R behind L
4,5,6 - Step L to L side making 1/4 Turn, Step R to R side, Step L in place

Section 4 - Step Back, Together(Waltz Step) , Step, Step Back 1/2, Together, Step

1,2,3 - Step Back on R, Step L together, Step R in place
4,5,6 - Step Back on L, Make 1/2 Turn R stepping down on R, Step L together

Section 5 - Forward R L R (Waltz Step), Back LR, Step L

1,2,3 - Step forward R, L together, Forward R
4,5,6 - Step Back on L, R together, Step Back L

Section 6 - 1/4 Point R, Hold 2,3, Cross, Side, Behind

1,2,3 - Point R to R side making 1/4 L and hold for 2 counts
4,5,6 - Cross R over L, L to L side, R behind L

Section 7 - Step L to L Side, Slide R 2,3, Full Turn to R

1,2,3 - Step L to L side, Slide R together over 2 counts touch R next to left
4,5,6 - Make 1/4 Turn R stepping down on R, 1/2 Turn stepping down on L, Make 1/4 Turn stepping down on R

Section 8 - Cross L, Hold 2,3, unwind 3/4 1,2,3

1,2,3 - Cross L over R, hold for 2 counts
4,5,6 - unwind 3/4 Turn to R

Start dance again

Restart Wall 3 - Dance first 2 sections and add a Rock Forward on R, Recover on L and restart dance again.

Happy Dancing :)

Last Update - 24 March 2019