

# Juice

拍數: 32      牆數: 4      級數: Improver  
編舞者: David Chamberlain (UK) - March 2019  
音樂: Juice - Lizzo : (Clean Edit)



Intro: 32 counts

## Section 1: Camel Walk x2, Right Shuffle forward, Half pivot turn, Sweep x2

- 1            Step forward onto Right foot dragging left towards right popping Left knee.
- 2            Step forward onto Left foot dragging right towards left popping Right knee,
- 3 & 4        Step forward onto Right, Close Left next to Right, step forward right.
- 5, 6        Step forward onto Left foot, pivot 1/2 turn Right. (6:00),
- 7, 8        Step forward Left sweep Right from back to front, Step forward Right sweep left from back to front.

## Section 2: Cross in front, Side, behind, Heel jack, Close x2

- 1, 2        Cross Left foot in front of Right, Step Right foot to Right side.
- 3&4&       Step Left foot behind Right, Step diagonally back on the Right foot, extend Left heel to the left diagonal., Step Left foot next to Right,
- 5, 6        Cross Right foot in front of Left. Step Left foot to Left side,
- 7&8&       Step Right foot behind Left, Step diagonally back on the Left extend Right heel to the Right diagonal, Close Right foot next to left,

## Section 3: Cross, Hold, And behind and cross, Step touch, Step touch making a ¼ turn.

- 1, 2        Cross Left foot over Right, Hold,
- &3&4       Step Right foot to right side, Cross Left behind Right, Small step Right to Right side, Cross Left foot in front of Right.
- 5,6,7,8    Step Right foot to Right side, Touch Left foot by Right, Step Left foot back making a ¼ turn right, touch Right foot next to Left. (9:00)

## Section 4: Dorothy steps x 2, half pivot turn x2

- 1, 2 &      Step Right foot forward to Right diagonal, lock Left foot behind Right, small step Forward Right to the Right diagonal,
- 3, 4 &      Step Left foot forward to the left diagonal, lock Right foot behind Left, small step Forward Left to the Left diagonal.
- 5, 6        Step forward onto Right, pivot ½ turn L (3:00),
- 7, 8        Repeat steps 5, 6. (9:00).

End of dance

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