

I am Giant AB

拍數: 32 牆數: 4 級數: Absolute Beginner
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音樂: Giant – Rag 'n' Bone Man & Calvin Harris



Count in: 64 Counts (31 Seconds)

Phrasing: No Tags Or Restarts.

[1-8] Walk Right, Left, Right Rocking Chair, Walk Right, Left.

- 1-2 Walk forward right, left.
- 3-4 Rock forward right, recover weight on to left.
- 5-6 Rock back right, recover weight on to left.
- 7-8 Walk forward right, left.

[9-16] V-Step, Handbag Steps, Right & Left.

- 1-2 Step right towards right forward diagonal, step left shoulder width apart to left side.
- 3-4 Step right back to place, step left beside right.

Option - as you step out on counts 1-2, raise up on to the balls of the feet and lower down on counts 3-4.

- 5-6 Step right to right side, touch left beside right.
- 7-8 Step left to left side, touch right beside left.

[17-24] Grapevine Right, Cross Rock, Triple Step.

- 1-2 Step right to right side, step left behind right.
- 3-4 Step right to right side, touch left beside right.

Option – more experienced beginners can substitute counts 3-4 for a chasse to the right.

- 5-6 Cross rock left over right, recover weight on to right.
- 7&8 Triple step in place left-right-left.

[25-32] Cross Rock, Triple Step, Cross Rock, Triple Step ¼ Turn.

- 1-2 Cross rock right over left, recover weight on to left.
- 3&4 Triple step in place right-left-right.
- 5-6 Cross rock left over right, recover weight on to right.
- 7&8 Triple step in place turning ¼ left stepping left-right-left.

Start again, happy dancing!
