

Jimmy MACK, ya comin' BACK?

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Val Saari (CAN) - March 2019
音樂: Jimmy Mack - Martha Reeves and the Vandellas



MODIFIED TOE-STRUT JAZZ BOX, R MAMBO, KICK LF

1-2 Cross RF toes over L, drop right heel down
3-4 Step back on left toes, drop left heel down
5-6 RF Rock side right, LF recover
7-8 Step RF beside L, Kick LF forward

STEP BACK/KICK X 4 (LRLR)

1-2 Step LF back, Kick RF forward
3-4 Step RF back, Kick LF forward
5-6 Step LF back, Kick RF forward
7-8 Step RF back, Kick LF forward

LF MODIFIED CROSS MAMBO 1/4 PIVOT L, RF ROCKING CHAIR

1-2 LF Cross over R, RF Recover weight
3-4 LF Step toes 1/4 pivot L, step heel down
5-6 Rock RF forward, Recover Left
7-8 Rock RF back, Recover Left

MODIFIED RUMBA BOX FWD, SCUFF RF

1-4 Step RF to right side, Step LF beside RF, Step RF forward, hold
5-8 Step LF to left side, Step RF beside LF, Step LF forward, Scuff RF

REPEAT - No Tags, No Restarts

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