

# Time For Mam

**COPPER KNOB**  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Sadiah Heggernes (NOR/UK) - February 2019  
音樂: Good Timin' - Jimmy Jones : (iTunes)



This is for my mam who danced many times to this song in her youth – when her memory was strong and alert.

Sadly now she doesn't remember.....

#16 count intro – start on vocals

## Section 1: Side Toe Strut, Cross Toe Strut, Vine with Cross

1-2                      Step R toes to R side. Step down on R heel  
3-4                      Cross L toes over R. Step down on L heel  
5-6                      Step R to R side. Cross L behind R  
7-8                      Step R to R side. Cross L over R.

## Section 2: Side Rock, Rock Back, ¼ Mambo R, Cross

1-2                      Rock R to R side. Recover onto L  
3-4                      Rock back on R. Recover onto L  
5-6                      Rock forward on R. Recover onto L  
7-8                      ¼ turn R. Step R to R side. Cross L over R - 3.00

## Section 3: Rumba Box Forward, Touch, Rumba Box Back, Hook

1-2                      Step R to R side. Step L beside R.  
3-4                      Step forward on R. Touch L beside R  
5-6                      Step L to L side. Step R beside L  
7-8                      Step back on L. Hook R in front of L

## Section 4: Forward Lockstep, Rock Forward, ¼ Turn L, Side, Tog, ¼ Turn L, Step

1,2,3                      Step forward on R. Lock L behind R. Step forward on R  
4,5,6                      Rock forward on L. Recover onto R. ¼ turn L. Step L to L side. - 12.00  
7-8                      Close R beside L. ¼ turn L. Step forward on L - 9.00

## Tag: (Very easy to hear after the 'Doo, doo ....')

1-4                      Step R to R side. Bumps hips R-L-R-L

## At the end of Walls,

1                      (facing 9.00),  
3                      (facing 3.00)  
5                      (facing 9.00)

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