

Lay Your Weapons Down

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Novice
編舞者: Christa van Veldhuisen - March 2019
音樂: Lay Your Weapons Down - Ilse DeLange



#24 count intro

Section 1: Step Side, Diamond, Jazzbox

1 Step RF to R side
2&3 1/8 turn L stepping LF back , Step RF back, 1/8 turn L stepping LF to L side (9.00)
4&5 1/8 turn L stepping Step RF forward. Step LF forward, 1/8 turn L stepping RF to R side
6,7,8 Cross LF over RF, Step RF back. Step LF to L side (6.00)

Section 2: Cross, Side Rock Cross, 1½ Turn Left, Touch

1 Cross RF over LF
2&3 Side rock LF, Recover RF, Cross LF over RF
4,5,6 ¼ turn L stepping RF back, ½ turn L stepping LF forward, ½ turn L stepping RF back (3.00)
7,8 ¼ turn L stepping LF to left side, Touch RF next to LF (12.00)

Section 3: Step Point 2x, Step Back With Sweep 3x, Sit

1,2 Cross RF over LF, Point L toe to L side
3,4 Cross LF over RF, Point R toe to R side
5,6 Step RF back and sweeping LF from front to back, Step LF back and sweeping RF from front to back
7,8 Step RF back and sweeping LF from front to back, Step LF back and sit (12.00)

Section 4: Walk 2x Fwd, ¼ Turn Cross Shuffle, ½ Turn Cross Shuffle, ¼ turn R Step Fwd, ½ Pencil Turn R

1,2 Step RF forward, Step LF forward
3&4 ¼ turn R and cross RF over LF, Step LF to L side, Cross RF over LF (3.00)
5&6 ½ turn L and cross LF over RF, Step RF to R side, Cross LF over RF (9.00)
7,8 ¼ turn R and step RF forward, ½ pencil turn right sweeping LF close next to RF (6.00)

Restart: -

During wall 3 after 16 counts facing (12)

During wall 5 after 16 counts facing (6)

During wall 9 after tag facing (12)

Tag: During wall 9 after 16 counts facing (12)

Pivot ½ Left 2x

1.2 Step RF forward, Pivot ½ turn L
3,4 Step RF forward, Pivot ½ turn L