Rock Around The Clock

級數: Beginner

編舞者: Yvonne Krause (USA) - March 2019

音樂: Rock Around the Clock - Bill Haley & The Comets

Intro: 32 Counts

拍數: 48

[1-8] RIGHT FOOT POINT OUT, IN, OUT, BEHIND SIDE CROSS

- 1-4 Touch right to right side, touch right beside left, touch right to right side, hold.
- 5-8 Step right behind left, step left to left side, cross right over left, hold.

[9-16] LEFT FOOT POINT OUT, IN, OUT, BEHIND SIDE CROSS

- 1-4 Touch left to left side, touch left beside right, touch left to left side, hold.
- 5-8 Step left behind right, step right to right side, cross left over right, hold.

[17-24] COASTER STEP, LEFT LOCK STEP FORWARD

- 1-4 Step back on right, step left next to right, step forward on right, hold.
- 5-8 Step forward on left, lock right behind left, step forward on left, hold.

[25-32] PIVOT ¼ LEFT, LEFT LOCK STEP FORWARD

- 1-4 Step forward on right, pivot ¼ left, step forward on right, hold.
- 5-8 Step forward on left, lock right behind left, step forward on left, hold. (9:00)

[33-40] GILLIE STEP RIGHT & LEFT

- 1-4 Turn right toe inward, turn right heel outward, cross right over left, hold.
- 5-8 Turn left toe inward, turn left heel outward, cross left over right, hold.

[41-48] COASTER, RUN RUN RUN TOTALING ¼ LEFT

- 1-4 Step back on right, step left next to right, step forward on right, hold.
- 5-8 Starting on your left foot run run run totaling a ¹/₄ turn left and hold. (6:00)

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May You Always Dance Like No One Is Watching





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牆數:2