Sunflower



拍數: 32 編數: Easy Intermediate

編舞者: Hiroko Carlsson (AUS) - March 2019

音樂: Sunflower (Spider-Man: Into the Spider-Verse) - Post Malone & Swae Lee:

(iTunes)



(32 counts intro)

[S1] 2x Vaudeville, Stomp, Hold, Ball-Shuffle Fwd

Step R cross over L, Step L to side, Step diagonally forward on R heel, Step R together
Step L cross over R, Step R to side, Step diagonally forward on L heel, Step L together

5 6& Stomp R forward, Hold, Step L together

7&8 Shuffle forward R-L-R (12:00)

[S2] Side, Kick, Behind-1/4L-Side Shuffle w/ Taps, Coaster Step

1 2 Step L to left, Kick R diagonally forward

3& Step R behind L, Make a ¼ turn left stepping forward on L

4&5 Step R to right, Step L next to R, Step R to right

&6 Tap L behind R twice

7&8 Step back on L, Step R next to L, Step forward on L (9:00)

[S3] Kick, Back (Touch), 1/4R Kick-Ball-Fwd, Kick-Cross-Back, Kick-Cross-Back

1 2 Kick forward on R, Touch back on R- weight on L

3&4 Make a ¼ turn right on ball of left foot and kick forward on R, Step R next to L, Step forward

on L

5&6& Kick forward on R, Cross R over L, Step back on L, Step back on R

7&8 Kick forward on L, Cross L over R, Step back on R (12:00)

[S4] Rock Back, 1/2R Shuffle Back-&, Heel Switches, Cross Samba

1 2 Rock/step back on L, Recover weight on R

Make a ½ turn right stepping back on L, Step R next to L, Step back on L, Step R together L heel diagonally forward, Step L together, R heel diagonally forward, Step R together

7&8 Cross L over R, Rock/step R to side, Recover weight on L (6:00)

Repeat

No Tags Or Restarts

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com) (updated: 12/Mar/19