

Magico Kizomba

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
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音樂: Mágico - Mika Mendes



Intro: 4x8

Set 1: Right, Close Step, Left, 1/4R close step , 1/8R diagonal, Cross Rock Side, Cross Rock, Back Rock

- 1-2&3 Step RF to R, Close LF next to RF, Step RF in place, Step LF to L (move your hips on 2&) 12:00
4&5 1/8R Close RF next to LF, 1/8R Step LF in place, 1/8R Stepping RF to R diagonal fwd (move your hips on 4&) 4:30
6&7 Rock LF over RF, Recover on RF, Step LF to L squaring back to 3:00 3:00
8&1 Rock RF over LF, Recover on LF, Rock RF back 1:30

Set 2: Recover, Salida, R chasse, Scissors Cross with Hip Roll

- 2 Recover on LF 1:30
3-4 Step RF fwd and execute a 1/4R with LF next to RF, Cross LF over RF 4:30
5&6 Step RF to R, Close LF next to RF, Step RF to R and begin to rotate hips from L to R CCW 3:00
7-8 Finish rotating hips CCW and close LF next to RF, Cross RF over LF 1:30

Set 3: 3/4R spiral with hitch , Fwd Shuffle, Fwd Coaster, Back Coaster, Rock Recover 1/4L

- 1 1/4R Stepping LF back and continue to execute another 1/2R hitching R knee slightly 12:00
2&3 Step RF fwd, Lock LF behind RF, Step RF fwd 12:00
4&5 Step LF fwd, Close RF next to LF, Step LF back (move your hips on &5) 12:00
6&7 Step RF back, Close LF next to RF, Step RF fwd (move your hips on &7) 12:00
8&1 Rock LF fwd, Recover on RF, 1/4L Press LF to L and pop shoulder to L 9:00

Set 4: Shoulder/Ribcage pops, L sailor, Behind Side Cross, Body Roll

- 2&3 Pop shoulder to R, Pop shoulder to L, Pop shoulder to R while dragging LF towards RF 9:00
4&5 Step LF behind RF, Step RF to R, Step LF to L 9:00
6& Step RF behind LF, Step LF to L 9:00
7-8 Cross RF over LF and begin body roll from up to down over two counts and weight ending on LF 9:00

Start Again and Enjoy! No Tags, No Restarts!!