

Hit A Home Run

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gary Samms (UK), Lorna Dennis (UK) & Cathy Hodgson (UK) - March 2019
音樂: The Last Night On Earth - Bryan Adams : (Album: Shine A Light)



Intro: 16 counts from start

Section 1: Syncopated Rock Forward x2, Shuffle Back, Touch Unwind

1-2& Rock forward onto right, recover weight left, close right next to left.
3-4 Rock forward onto left, recover weight right.
5&6 Step back on left, close right, step back on left.
7-8 Touch right toe back, unwind $\frac{1}{2}$ right weight ending on right. (6.00)

Section 2: Pivot $\frac{1}{4}$, Cross Shuffle, Reverse Turn

1-2 Step forward onto left, make $\frac{1}{4}$ right stepping onto right. (9.00)
3&4 Cross left over right, close right, cross left over right.

Restart here Wall 3 – SEE NOTE BELOW

5-6 Make $\frac{1}{4}$ left stepping back on right, make $\frac{1}{2}$ left stepping forward onto left. (12.00)
7-8 Make $\frac{1}{4}$ left rocking right to right side, recover weight left. (9:00)

Section 3: Cross Point x2, Jazzbox $\frac{1}{2}$ Cross.

1-2 Cross right over left, point left to left side.
3-4 Cross left over right, point right to right side.
5-8 Cross right over left, make $\frac{1}{4}$ right stepping back onto left, make $\frac{1}{4}$ right stepping right to right side, cross left over right (3:00)

Section 4: Side Rock, Behind Side Cross, Side Clap, Ball Side Touch

1-2 Rock right to right side, recover weight left.
3&4 Cross right behind left, step left to left side, cross right over left.
5-6 Step left to left side, clap.
&7-8 Step on ball of right next to left, step left to left side, touch right beside left.

Section 5: $\frac{1}{4}$, $\frac{1}{2}$, Coaster, Reverse $\frac{1}{2}$, Shuffle $\frac{1}{2}$.

1-2 Make $\frac{1}{4}$ right stepping forward right, make $\frac{1}{2}$ right stepping back on left. (12.00)
3&4 Step right back, close left to right, step forward right.
5-6 Step forward left, make $\frac{1}{2}$ left stepping back on right. (6.00)
7&8 Make $\frac{1}{2}$ left shuffling left, right, left. (12.00)

Section 6: Syncopated Rock, Pivot $\frac{1}{4}$, Cross $\frac{1}{4}$, Shuffle $\frac{1}{2}$

1-2& Rock forward onto right, recover weight left, close right next to left.
3-4 Step forward left, pivot $\frac{1}{4}$ right stepping onto right. (3.00)
5-6 Cross left over right, make $\frac{1}{4}$ left stepping back onto right. (12.00)
7&8 Shuffle left, right, left making $\frac{1}{2}$ over left shoulder. (6.00)

Restart here on Walls 1 & 4

Section 7: Step Touch, & Heel Ball Step, Touch, & Heel Ball, Rock Replace

1-2 Step forward onto right, touch left behind right.
&3& Step back on ball of left, dig right heel forward, step on ball of right.
4 Step forward onto left.
5&6& Touch right behind left, step back on ball of right, dig left heel forward, step on ball of left.
7-8 Rock forward onto right, recover weight left.

Section 8: Lock Back, Touch Unwind, Pivot $\frac{1}{2}$, Walk Walk.

- 1&2 Step right back, lock left across right, step right back.
3-4 Touch left back, unwind $\frac{1}{2}$ over left stepping onto left. (12.00)
5-6 Step forward onto right, pivot $\frac{1}{2}$ left. (6.00)
7-8 Walk forward right, left.

Restarts:-

During Walls 1 & 4 dance upto and include count 48 then restart the dance from the beginning.

During Wall 3 dance upto and including count 12 (Cross Shuffle).

While doing the cross shuffle, make an extra $\frac{1}{4}$ right to end up facing the front for the Restart.
