

My Request

拍數: 96
編舞者: Kenny J - September 2018
音樂: Request Line - Zhané

牆數: 2

級數: Phrased Improver



Sequence: ABC-ABC-ABC-CA

Part A

[1-8] Heel Strut, 1/2 Pivot, Heel Strut, 1/4 Pivot

1-4 Right Heel forward, Step down on Right, Step forward Left, 1/2 Pivot to Right
5-8 Left Heel forward, Step down on Left, Step forward Right, 1/4 Pivot to Left

[9-16] Cross and Kick (2X), Weave to Left (Travel)

1&2& Cross Right over Left, Step Left to Side, Kick Right toward Right diagonal, Step down on Right
3&4& Cross Left over Right, Step Right to Side, Kick Left toward Left diagonal, Step down on Left
5&6&7&8 Cross Right over Left, Step Left to Side, Step Right behind Left, Step Left to Side, Cross Right over Left, Step Left to side, Step Right beside Left

[17-24] Heel Strut, 1/2 Pivot, Heel Strut, 1/4 Pivot

1-4 Left Heel forward, Step down on Left, Step forward Right, 1/2 Pivot to Left
5-8 Right Heel forward, Step down on Right, Step forward Left, 1/4 Pivot to Right

[25-32] Cross and Kick (2X), Weave to Right (Travel)

1&2& Cross Left over Right, Step Right to Side, Kick Left toward Left diagonal, Step down on Left
3&4& Cross Right over Left, Step Left to Side, Kick Right toward Right diagonal, Step down on Right
5&6&7&8 Cross Left over Right, Step Right to Side, Step Left behind Right, Step Right to Side, Cross Left over Right, Step Right to side, Step Left beside Right

Part B

[33-40] Sailor, 1/4 Turn Sailor, 1/4 Pivot, Rock Back, Tap

1&2, 3&4 Step Right behind Left, Step Left to Side, Step Right to Side, Step Left behind Right, 1/4 turn Left Stepping Right to Side, Step Left to Side
5-6, 7&8 Step Right forward, 1/4 Pivot to Left, Rock Back on Left, Recover weight on Right, Tap Left Foot out to Left Side

[41-48] Cross Point Steps (2X), Tics with Right foot (2X)

1-4 Cross Left Over Right, Point Right to Right Side, Cross Right Over Left, Point Left to Left Side
5&6&7&8 Step Left Forward, Hitch Right behind Left Calf (Tic), Step back on Right, Recover weight on Left, Hitch Right behind Left Calf (Tic), Step back on Right, Recover weight on Left,

[49-56] Sailor, 1/4 Turn Sailor, 1/4 Pivot, Rock Back, Tap

1&2, 3&4 Step Right behind Left, Step Left to Side, Step Right to Side, Step Left behind Right, 1/4 turn Left Stepping Right to Side, Step Left to Side
5-6, 7&8 Step Right forward, 1/4 Pivot to Left, Rock Back on Left, Recover weight on Right, Tap Left Foot out to Left Side

[57-64] Cross Point Steps (2X), Tics with Right foot (2X)

1-4 Cross Left Over Right, Point Right to Right Side, Cross Right Over Left, Point Left to Left Side
5&6&7&8 Step Left Forward, Hitch Right behind Left Calf (Tic), Step back on Right, Recover weight on Left, Hitch Right behind Left Calf (Tic), Step back on Right, Recover weight on Left

Part C (Chorus)

[65-72] Run & Stomp, Run Back & Stomp, Hood Walk* (2X)

1&2, 3&4 Run forward Right, Left, Stomp Right foot, Run Back Right, Left, Stomp Right Foot back
5&6, 7&8 Step Left Back slightly behind Right Heel, Rock forward on Right, Rock Back on Left, Step
Right Back slightly behind Left Heel, Rock forward on Left, Rock Back on Right

***During Hood Walks Raise Right arm up bent at elbow on first Hood Walk, Raise Left arm up on second Hood Walk**

[73-80] Point Cross Steps (2X), 1/4 Pivot, Weave

1-4 Point Left to Left Side, Cross Left over Right, Point Right to Right Side, Cross Right over Left
5-6, 7&8 Step Left forward, 1/4 Pivot to Right, Step Left Across Right, Step Right to Side, Step Left
Beside Right

[81-88] Run & Stomp, Run Back & Stomp, Hood Walk* (2X)

1&2, 3&4 Run forward Right, Left, Stomp Right foot, Run Back Right, Left, Stomp Right Foot back
5&6, 7&8 Step Left Back slightly behind Right Heel, Rock forward on Right, Rock Back on Left, Step
Right Back slightly behind Left Heel, Rock forward on Left, Rock Back on Right

***During Hood Walks Raise Right arm up bent at elbow on first Hood Walk, Raise Left arm up on second Hood Walk**

[89-96] Point Cross Steps (2X), 1/4 Pivot, Weave

1-4 Point Left to Left Side, Cross Left over Right, Point Right to Right Side, Cross Right over Left
5-6, 7&8 Step Left forward, 1/4 Pivot to Right, Step Left Across Right, Step Right to Side, Step Left
Beside Right

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Step Description by Steve Cavanaugh (steve@appleblossom.net)

Last Update – 5 April 2019
