

Most People Are Good (P) (Imp)

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Improver Partner LOD 2 STEP
編舞者: Sophie Ruhling (FR) - October 2018
音樂: Most People Are Good - Luke Bryan



#32 count intro - 3 RESTARTS

LADY'S STEPS

(Closed Position, facing RLOD)

SECT.L1 BACK R, BACK L, BACK R, HOLD, BACK L, HOLD, BACK R, BACK L

1-2 (Q-Q) back R, back L
3-4 (S) back R, hold
5-6 (S) back L, hold
7-8 (Q-Q) back R, back L

SECT.L2 1/8 TURN R BACK R, HOLD, 1/8 TURN R BACK L, HOLD, 1/4 TURN R WALK R, 1/2 TURN R BACK L, BACK R, HOLD

1-2 (S) 1/8 turn R back R, hold
3-4 (S) 1/8 turn R back L, hold
5-6 (Q-Q) 1/4 turn R walk R, 1/2 turn R back L

(lady raises R arm to turn under man's L arm on counts 5-6, then back to closed position)

7-8 (S) back R, hold

*restart here wall 4: step L beside R on count 8

SECT.L3 BACK L, HOLD, ROCK STEP R BACK, WALK R, HOLD, WALK L, HOLD

1-2 (S) back L, hold
3-4 (Q-Q) rock step R back, recover on L
5-6 (S) walk R, hold
7-8 (S) walk L, hold

SECT.L4 BACK R, BACK L, 1/8 TURN R BACK R, HOLD, 1/8 TURN R BACK L, HOLD, 1/4 TURN R WALK R, 1/2 TURN R BACK L

1-2 (Q-Q) back R, back L
3-4 (S) 1/8 turn R back R, hold
5-6 (S) 1/8 turn R back L, hold

(lady raises R arm to turn under man's L arm on counts 7-8)

7-8 (Q-Q) 1/4 turn R walk R, 1/2 turn R back L

*restart here walls 2 & 6: basic 2 step on counts 1 to 8 (lady's moving backwards facing RLOD)

SECT.L5 1/2 TURN R WALK R, HOLD, WALK L, HOLD, WALK R, WALK L, WALK R, HOLD

1-2 (S) 1/2 turn R walk R, hold (facing LOD)

(couple in sweetheart position)

3-4 (S) walk L, hold
5-6 (Q-Q) walk R, walk L
7-8 (S) walk R, hold

SECT.L6 WALK L, HOLD, WALK R, WALK L, WALK R, HOLD, 1/8 TURN L WALK L, HOLD

1-2 (S) walk L, hold
3-4 (Q-Q) walk R, walk L
5-6 (S) walk R, hold
7-8 (S) 1/8 turn L walk L, hold

SECT.L7 3/8 TURN L BACK R, BACK L, BACK R, HOLD, BACK L, HOLD, ROCK STEP R BACK

1-2 (Q-Q) 3/8 turn L back R, back L (facing RLOD)
(back to closed position: change hands)
3-4 (S) back R, hold
5-6 (S) back L, hold
7-8 (Q-Q) rock step R back, recover on L

SECT.L8 RUMBA BOX TO R SIDE & BACK, HOLD, RUMBA BOX TO L SIDE & WALK L, HOLD

1-2 (Q-Q) step R to R side, step L beside R
3-4 (S) back R, hold
5-6 (Q-Q) step L to L side, step R beside L
7-8 (S) walk L, hold

MAN'S STEPS

(Closed Position, facing LOD)

SECT.M1 WALK L, WALK R, WALK L, HOLD, WALK R, HOLD, WALK L, WALK R

1-2 (Q-Q) walk L, walk R
3-4 (S) walk L, hold
5-6 (S) walk R, hold
7-8 (Q-Q) walk L, walk R

SECT.M2 WALK L, HOLD, 1/8 TURN R WALK R, HOLD, 1/8 TURN L WALK L, WALK R, WALK L, HOLD

1-2 (S) walk L, hold
3-4 (S) 1/8 turn R walk R, hold
5-6 (Q-Q) 1/8 turn L walk L, walk R

(man raises L arm on counts 5-6 for the lady to turn, then back to closed position)

7-8 (S) walk L, hold

***restart here wall 4: step R beside L on count 8**

SECT.M3 WALK R, HOLD, ROCK STEP L FWD, BACK L, HOLD, BACK R, HOLD

1-2 (S) walk R, hold
3-4 (Q-Q) rock step L fwd, recover on L
5-6 (S) back L, hold
7-8 (S) back R, hold

SECT.M4 WALK L, WALK R, WALK L, HOLD, 1/8 TURN R WALK R, HOLD, 1/8 TURN L WALK L, WALK R

1-2 (Q-Q) walk L, walk R
3-4 (S) walk L, hold
5-6 (S) 1/8 turn R walk R, hold

(man raises L arm on counts 7-8 for the lady to turn)

7-8 (Q-Q) 1/8 turn L walk L, walk R

***restart here walls 2 & 6: basic 2 step on counts 1 to 8 (man's moving forward facing LOD)**

SECT.M5 WALK L, HOLD, WALK R, HOLD, WALK L, WALK R, WALK L, HOLD

1-2 (S) walk L, hold

(change hands for the sweetheart position)

3-4 (S) walk R, hold
5-6 (Q-Q) walk L, walk R
7-8 (S) walk L, hold

SECT.M6 WALK R, HOLD, WALK L, WALK R, WALK L, HOLD, WALK R, HOLD

1-2 (S) walk R, hold
3-4 (Q-Q) walk L, walk R
5-6 (S) walk L, hold
7-8 (S) walk R, hold

SECT.M7 WALK L, WALK R, WALK L, HOLD, WALK R, HOLD, ROCK STEP L FWD

1-2 (Q-Q) walk L, walk R
(change hands to closed position)
3-4 (S) walk L, hold
5-6 (S) walk R, hold
7-8 (Q-Q) rock step L fwd, recover on R

SECT.M8 RUMBA BOX TO L SIDE & WALK L, HOLD, RUMBA BOX TO R SIDE & BACK R, HOLD

1-2 (Q-Q) step L to L side, step R beside L
3-4 (S) walk L, hold
5-6 (Q-Q) step R to R side, step L beside R
7-8 (S) back R, hold

LOD: dancing counter clock wise

RLOD: dancing clock wise

Closed Position: couple facing each other; lady's L hand resting on man's R shoulder and man's L hand holding lady's R hand

Sweetheart Position: couple side by side with lady a bit ahead; R hands holding & L hands holding

Q : quick

S : slow

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