

Jarang Pulang

拍數: 64 牆數: 2 級數: Beginner
編舞者: Roosamekto Mamek (INA) - March 2019
音樂: Jarang Pulang by Line Geboy



Intro : 64

S1: SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, TOUCH

1-4 Step R to side – Hold - Step L together – Hold
5-8 Step R to side – Step L together – Step R to side – Touch L together (12:00)

S2: SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, SIDE, TOUCH

1-4 Step L to side – Hold - Step R together – Hold
5-8 Step L to side – Step R together – Step L to side – Touch R together (12:00)

S3: TOE STRUT CROSS OVER, TOE STRUT, TOE STRUT CROSS OVER, SIDE ROCK, RECOVER

1-4 Touch R cross over L – Dropped R heel – Touch L to side – Dropped L heel
5-8 Touch R cross over L – Dropped R heel – Rock L to side – Recover on R (12:00)

S4: TOE STRUT CROSS OVER, TOE STRUT, TOE STRUT CROSS OVER, SIDE ROCK, RECOVER

1-4 Touch L cross over R – Dropped L heel – Touch R to side – Dropped R heel
5-8 Touch L cross over R – Dropped L heel – Rock R to side – Recover on L (12:00)

S5: TOES FORWARD, TOGETHER, SLOW CROSS SHUFFLE, HOLD

1-4 Touch R toes forward – Step R together – Touch L toes forward – Step L together
5-8 Cross R over L – Step L to side – Cross R over L – Hold (12:00)

S6: TOES FORWARD, TOGETHER, SLOW CROSS SHUFFLE, HOLD

1-4 Touch L toes forward – Step L together – Touch R toes forward – Step R together
5-8 Cross L over R – Step R to side – Cross L over R – Hold (12:00)

S7: SLOW PADDLE TURN 1/4 TURN LEFT (2X)

1-4 Step R to side – Hold – Turn 1/4 left – Hold (9:00)
5-8 Step R to side – Hold – Turn 1/4 left – Hold (6:00)

S8: BASIC SALSA FORWARD & BACK

1-4 Rock R forward – Recover on L – Step R back – Hold
5-8 Rock L back – Recover on R – Step L forward – Hold (6:00)

REPEAT

TAG: End of wall 1 & 4

SIDE STEP WITH SWAY TO THE RIGHT, SWAY TO THE LEFT

1-4 Step R to side and sway to right – Hold – Sway to the left – Hold

RESTART

For more info about song & step sheet please contact: Roosamekto.Nugroho@gmail.com